



# Dr. med. Franco Bidoglio

## Sports Medicine

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### Languages

IT,EN,DE,FR

### Work Experience

- since 2023 LUDES UNIVERSITY, Lugano (Switzerland) - Teaching staff: "Degree Course in Physiotherapy" - Discipline: Sports Orthopaedics and Traumatology
- since 2023 FC LUGANO CALCIO, Swiss Football League, Super League - Social Doctor
- since 2017 Cycling World Championship (UCI), Italian National Olympic Committee (CONI) - Medical Advisor and Race Doctor
- 2022 FIFA MEDICAL CENTER of EXCELLENCE, ISOKINETIC Bologna/Milan (Italy) - Visiting Doctor: Sports Medicine and Sports Rehabilitation
- 2021 PARIS SAINT GERMAIN FOOTBALL CLUB, Paris (France) - Assistant Doctor - Thesis Project: Analysis of injury data of first team players
- 2017-2021 CENTRO INTERDIPARTIMENTALE DI BIOLOGIA E MEDICINA DEL SPORT, University of Pavia (Italy) - Assistant Physician: Sports Medicine, Sports Cardiology, Sports Traumatology, Sports Rehabilitation, Exercise Prescription and Sports Performance Evaluation
- 2019 FIFA MEDICAL CENTRE of EXCELLENCE, ASPETAR Doha (Qatar) - Orthopaedic and Sport Medicine Hospital - Assistant Physician: Sport Medicine, Sport Rehabilitation and Sport Science
- 2018 AURORA PRO PATRIA 1919, Italian Football Federation (FIGC), Serie C (Italy) - Social Doctor
- 2017 PAVIA 1911, Italian Football Federation (FIGC), Serie D (Italy) - Match doctor
- 2013-2016 Intern at the Department of Orthopaedics and Traumatology, Ospedale di Circolo e Fondazione Macchi, Università degli Studi dell'Insubria di Varese (Italy)
- 2012 Intern at the Paediatrics Department, Filippo del Ponte Hospital, Insubria University of Varese (Italy)
- 2012 Intern at the Department of Internal Medicine, Circolo e Fondazione Macchi Hospital, University of Insubria of Varese (Italy)
- 2011 Intern at the Department of General Surgery - Thoracic, Ospedale di Circolo e Fondazione Macchi, University of Insubria of Varese (Italy)

## Education

Continuing education as a participant in congresses and training courses of national and international interest

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|-----------|--|
| 2022-2023 | University Master's Degree in Sports Orthopaedics and Traumatology, University of Bologna (Italy) - Humanitas University, Milan (Italy)  |
| 2022      | Recognition of the Swiss Confederation Medical Degree, MEBEKO, Bern, Switzerland   |
| 2022      | Basic Life Support Defibrillation (BLSD) - Pediatric Basic Life Support Defibrillation (PBLSD) - Course on cardiopulmonary resuscitation and emergency defibrillation in adult and paediatric patients - International Liaison Committee on Resuscitation (ILCOR), European Resuscitation Council (ERC), Italian Resuscitation Council (IRC) |
| 2021      | Advanced Course in Musculoskeletal Ultrasound - Italian Society of Ultrasonology in Medicine and Biology, Bologna (Italy)  |
| 2017-2021 | Specialisation/PhD in Sports and Exercise Medicine, University of Pavia (Italy) - Experimental Speciality Thesis: "Hamstring Injuries in Football Players: Correlation between MRI Findings and Return To Play".   |
| 2020      | Doping Control Officer (DCO) - Italian National Olympic Committee (CONI), Milan (Italy)  |
| 2017      | Course in Space and Aeronautical Medicine - Aeromedical Examiner (AME) - European Union Aviation Safety Agency (EASA) - Ente Nazionale Aviazione Civile (ENAC), Rome (Italy)   |
| 2017      | Qualification as a Medical Surgeon - Order of Surgeons and Dentists of the Province of Varese (Italy)  |
| 2016      | Faculty of Medicine and Surgery, University of Insubria, Varese (Italy) - Experimental Degree Thesis: "Implantation of Autologous Chondrocytes on Collagen Membrane (MACI): Prospective Clinical and Long Term Imaging Study".   |

## Memberships

Italian Medical Sports Federation (FMSI) - Ordinary Member

## Publications

Bidoglio F., Zaccaria D. "Sudden Cardiac Death in Football" (2019) - National Congress Federazione Medico Sportiva Italiana (FMSI), Rome (Italy)

Poerio C.S., Bidoglio F. "Extrasystole Ventricolare negli Atleti: Quando la Morfologia è Fondamentale nel Guidare l'Iter Diagnostico" (2019) - National Congress Federazione Medico Sportiva Italiana (FMSI), Rome (Italy)

Zaccaria D., Bidoglio F. "Case Report: ADAS and Safety in Cycling" (2019) - National Congress Federazione Medico Sportiva Italiana (FMSI), Rome (Italy)

Gualea M.R., Bidoglio F. "Cicatrice Subepicardica: Case Report" (2019) - Congresso Nazionale Federazione Medico Sportiva Italiana (FMSI), Rome (Italy)

Bidoglio F., Zaccaria D. "Diagnosis of Paroxysmal Supraventricular Arrhythmia (PSVT) in a Professional Cyclist: Utility of Performance Monitoring Tools as Medical Support" (2021) - *Medicina dello Sport* 74(2): 346-8

Camporeale G., Bidoglio F., Zaccaria D. "Consideration for the Assessment of Suspected Myocarditis in the Elite Athlete in COVID-19 Era" (2021) - *Medicina dello Sport* 74(4): 706-13

"Athletics, Sprints, Hurdles, High Jump, Long Jump, Triple Jump, Distance Running" - Chapter 14 (187-196) - *Specific Sports Related Injuries* - Springer - Switzerland (2022) - Canata G.L., Casale V., Ferrario A., Calderoni E., Zanon G., Bidoglio F.

## Accreditation

[Clinica Ars Medica](#)

[Centro Medico Agno](#)

[Ars Medica Centro Medico Manno](#)

## Specialties

[Sports medicine](#)

## Contact

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