



# Ivan Arena

---

## Sprachen

IT,EN

## Ausbildung

- |           |  |
|-----------|--|
| 2019      | Certificate of Advanced Studies in Manual Therapy, SUPSI, Manno (CH)   |
| 2016–2017 | Certificate of Advanced Studies in Musculoskeletal Physiotherapy, SUPSI, Manno (CH)  |
| 2015      | Manual Lymphatic Drainage Course, Edi.Artes Milan (IT)   |
| 2011–2014 | Degree in Physiotherapy obtained on 18 November 2014 with the grade of 110/110, University of Insubria - Via Ravasi 2 - 21100 - Varese<br>Thesis: " <i>Efficacy of Kinesio Taping as an additional tool in the rehabilitation treatment of pelvis-perineal dysfunctions</i> ". |
| 2013      | Certificate of Kinesio Taping Fundamentals and Advanced (KT1 - KT2 - KT3), Kinesio Taping Association International (KTAI)   |
| 2010      | Certificate of "Massage Techniques" course, CECOP (Centre for Professional Courses)  |

## Berufserfahrung

- |           |   |
|-----------|---|
| 2015      | Orthopaedic Rehabilitation in outpatients, Nuovo centro fisioterapico di Paola Giotti & C. SAS; via Settembrini 4, 21046 Malnate (VA)   |
| 2012–2014 | Professional traineeship: <ul style="list-style-type: none"><li>• Fondazione S. Maugeri, Tradate Medical Centre, Via Roncaccio 16, 21049 Tradate (VA)</li><li>• Ospedale di Circolo di Varese, Ambulatorio U.O. RRF via Rossi 9, 21100 Varese</li><li>• Circolo Fondazione Macchi Hospital, Viale Borri 57, 21100 Varese</li><li>• Fondazione Don Carlo Gnocchi, Centro S.Maria al Monte, Via Nizza 6, 21046 Malnate (VA)</li><li>• Scientific Institute E. Medea, La Nostra Famiglia, Via Don L. Monza 10, 21040 Vedano Olona (VA)</li><li>• Tradate Hospital, Piazza Angelo Zanaboni, 21049, Tradate (VA)</li></ul> |

## Akkreditierung

[Clinica Ars Medica](#)

## Fachgebiete

[Physiotherapie](#)

## Kontakt

**Servizio di Fisioterapia**

Via Grumo 16  
6929 Gravesano

T +41 91 611 62 50

[IArena@arsmedica.ch](mailto:IArena@arsmedica.ch)

[vCard herunterladen](#)