

# Dr. med. Franco Bidoglio

## Medicina dello Sport

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### Sprachen

IT,EN,DE,FR

### Berufserfahrung

- seit 2023 Sports and Exercise Medicine, Elite Athlete Screening  
MAPEI SPORT SERVICE and RESEARCH CENTER - US SASSUOLO  
Calcio Medical and Performance Partner (Italy)
- seit 2023 Sports and Exercise Medicine, Team Doctor  
FC LUGANO, Suisse Super League, UEFA Conference League, UEFA  
Champions League (Switzerland)
- seit 2023 Medical Coordinator, Sports and Exercise Medicine  
TEAM TICINO Football Club Elite Youth Sector (Switzerland)
- seit 2023 Sports Medicine, Consultant  
HOCKEY CLUB LUGANO, National League, Swiss Hockey  
League (Switzerland)
- seit 2023 Professor - Bachelor of Science in Physiotherapy  
Sports Trauma and Rehabilitation  
CAMPUS LUDES UNIVERSITY (Switzerland)
- seit 2022 Sports Trauma, Sports Rehabilitation, Regenerative Medicine, Sports  
and Exercise Medicine  
CENTRO DELLO SPORT, Swiss Olympic - CLINICA ARS MEDICA  
(Switzerland)
- seit 2017 Medical Consultant  
Italian National Olympic Committee (CONI) and Union Cycliste  
Internationale (UCI) (Italy)
- 2022 Visiting Doctor  
Sports Medicine and Rehabilitation  
ISOKINETIC Medical Group - FIFA Medical Centre of Excellence (Italy)
- 2021 Medical Assistant - Medical Internship  
Data Analysis - Thesis Project  
PARIS SAINT-GERMAIN Football Club 1st team (France)
- 2019-2021 Medical Consultant and Team Doctor  
Medical care for youth teams and first team AURORA PRO PATRIA  
1919 - FIGC, Championship Serie C  
AURORA PRO PATRIA 1919 (Italy)
- 2017-2021 Resident in Sports and Exercise Medicine  
University of Pavia - San Matteo Hospital - Residency in Sport and  
Exercise Medicine (Italy)
- 2019 Medical Assistant - Medical Internship  
ASPETAR Orthopaedic and Sport Medicine Hospital - FIFA Medical  
Centre of Excellence (Qatar)

2014–2017	Medical Assistant Tissue bioengineering and arthroplasty techniques efficacy assessment for cartilage and bone injury, orthopaedic Insubria di Varese University (Italy)
2012–2016	Medical Assistant - Orthopaedic and Traumatology Institute, Circolo Fondazione Macchi Varese Hospital, Insubria di Varese University (Italy)
2011	Medical Assistant at Filippo del Ponte Fondazione Macchi Varese, Insubria di Varese University Paediatric Institute (Italy)
2011	Medical Assistant at the Circolo Fondazione Macchi Varese Hospital Institute of Internal Medicine, Insubria di Varese University (Italy)
2010	Medical Assistant at the General Surgery Institute – Thoracic specialisation at the Circolo Fondazione Macchi Varese Hospital, Insubria di Varese University (Italy)

## Ausbildung

2024	Ultrasound intra-articular guided injections Advanced training in ultrasound guided injections J-Medical Center – Turin (Italy)
2024	Cardiopulmonary Resuscitation BLS/D/PBLS/D – Cardio-pulmonary resuscitation and emergency defibrillation in adults and paediatric patients
2023	Cardiopulmonary Exercise Test (CPET) Advanced Training in CPET University of Milan – Centro Cardiologico Monzino – Milano (Italy)
2023	Electrolysis Percutanea US-guided Intensive Training in Treatment of Tendinopatgy J-Medical Center – Turin (Italy)
2022–2023	Master Degree in Orthopedics and Sports Traumatology Training in Orthopedics and Sports Traumatology University of Bologna – Humanitas University of Milan – University of Modena and Reggio Emilia (Italy) Prof. Stefafano Zaffagnini – Prof. Maurilio Marcacci – Prof. Fabio Catani
2022	Registration on Mebeko under GLN 760100156925 (Switzerland)
2021	Advanced Training in Musculo – Skeletal Ultrasound Musculo – Skeletal Pathology SIUMB c/o Ospedale Maggiore, Bologna (Italy)
2017–2021	Sports and Exercise Medicine Physician (marks: 50/50 cum laude) - experimental thesis on: “Hamstring injuries in football players: correlation between MRI findings and return to play” – Supervisor Prof. Maria Antonietta Pellegrino; Co-supervisor Dott. Cristiano Eirale University of Pavia (Italy)
2017	Basic course in Aviation and Space Medicine Training as Aeromedical Examiner (AME) Aviation and Space Medicine Training Institute, Viale Piero Gobetti 2, 00185 Rome (Italy) ENAC – Italian Air Force
2017	Registration on the Province of Varese Board of Physicians and Surgeons under no. 7715 (Italy) License to practise medicine; II session, academic year 2016 (Italy)
2016	Degree in Medicine (marks: 109 / 110) with experimental thesis on: “Implantation of autologous cultured chondrocytes on collagen membrane (MACI): long-term clinical prospects and imaging study” - Supervisor Prof. Paolo Cherubino; Co-supervisor Prof. Mario Ronga Insubria University, Varese (Italy)

## Publikationen

### ABSTRACT

- “Hamstring T-Junction surgical repair: an elite footballer’s RTP journey” – Isokinetic Conference abstract book 2024

## JOURNAL

- Franco BIDOGLIO, Peter JENOURE (2023) “La santé de leurs membre une préoccupation des fédérations sportives? Une revue de la situation dans les fédérations sportives nationales en Suisse” – Sports & exercise medicine Switzerland - SEMS JOURNAL
- Franco BIDOGLIO (2023) “Sem around the world” – British Journal of Sports Medicine - Open Sport & Exercise Medicine
- Franco BIDOGLIO, Carmine S. POERIO, Massimo TESTA, Roberto BOTTINELLI, Daniele ZACCARIA (2021) “Diagnosis of paroxysmal supraventricular arrhythmia (PSVT) in a professional cyclist: the utility of performance monitoring tools as a medical support” - Medicina dello Sport 74(2):346-8
- Giovanni M. CAMPOREALE, Esmeralda ESHJA, Oronzo CATALANO, Franco BIDOGLIO, Roberto BOTTINELLI, Daniele ZACCARIA (2021) “Considerations for the assessment of suspected myocarditis in the elite athlete in COVID-19 era” – Medicina dello Sport 74(4): 706-13
- Franco Bidoglio (2024) “Exercise therapy in breast cancer patients: effects on cardiorespiratory fitness and quality of life” - Medicina dello Sport - Minerva Medica

## BOOK

- Title: Specific Sports Related Injuries – SPRINGER -Switzerland (2022)  
Section: CH.14 (187-196) - “Athletics, Sprints, Hurdles, High Jump, Long Jump, Triple Jump, Distance Running”  
Authors: Gian Luigi Canata, Valentina Casale, Antonella Ferrario, Enrico Ferranti Calderoni, Giacomo Zanon, Franco Bidoglio

## POSTER

- Bidoglio F., Ceccaroli M., Facchinetti E., Poerio CS., Brunetti F., Zaccaria D., Bottinelli R.  
“Sudden death in football: really so frequent or amplified media?”  
XXXVI national congress of the Italian Federation of Sports Medicine, Rome, 2019
- Poerio CS., Zaccaria D., Longa E., D’Introno L., Facchinetti E., Bidoglio F., Bottinelli R.  
“Ventricular Extrasystolia in the athlete: when morphology is fundamental to drive the diagnostic path”  
XXXVI national congress of the Italian Federation of Sports Medicine, Rome, 2019
- Zaccaria D., Manoli G., Bidoglio F., Ceccaroli M., Rottenbacher C., Bottinelli R.  
“Case Report: Adas and Safety in cycling”  
XXXVI national congress of the Italian Federation of Sports Medicine, Rome, 2019
- Guallea MR., Ceccaroli M., Bidoglio F., Facchinetti E., Asta A., Eshja E., Brunetti F., Negro MC., Bottinelli R.  
“Subepicardial scar: case report”  
XXXVI national congress of the Italian Federation of Sports Medicine, Rome, 2019

## Präsentationen

Relatore ed ospite a conferenze nazionali ed internazionali

## Kompetenzen

- Sport and Exercise Medicine
- Sports Trauma and Rehabilitation
- Regenerative Medicine
- Performance Evaluation
- Team Doctor

## **Akkreditierung**

[Clinica Ars Medica](#)

[Ars Medica Centro Medico Manno](#)

[Ars Medica Centro Medico Agno](#)

## **Fachgebiete**

[Sportmedizin](#)

## **Kontakt**

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