



# Charlotte Brun

Maître de sport en Activité Physique Adaptée (APA)

---

## Sprachen

FR,EN

## Ausbildung

2018	Youth & Sports « Sport and handicaps » diploma, Macolin, Switzerland
2016–2018	Master of Science in Movement and Sport Sciences (majoring in Adapted Physical Activities and Health), Lausanne University, Switzerland
2015–2016	Youth and Sports instructor for downhill and cross-country skiing and school sports
2013–2016	Bachelor of Science in Sport and Physical Education, Lausanne University, Switzerland
2014	BrevetPlus Pool, Swimming pool rescue certificate, Switzerland Recertification in 2018
2014	BLS-AED Certification, First-aid training, Switzerland Recertification in 2017 and 2018
2012	High school diploma in sciences, Anna de Noailles School, Evian-les-Bains, France

## Berufserfahrung

seit 2018	Teacher of Adapted Physical Activity (APA), Clinique Valmont, Glion sur Montreux, Switzerland
seit 2016	Supervision and assistance of persons with mental and/or motor disabilities during sports days (skiing, swimming, team sports)
2017–2018	Suppy Teacher of Adapted Physical Activity (APA), Clinique Valmont, Glion sur Montreux, Switzerland
2017	Conception of exercise programs and supervision for para and quadriplegic patient training sessions over an 8-month period, Swiss Recovery Center, Villeneuve

## Media

### Radio

- 2021, interview ["Alter G et orthopédie"](#)
- 2021, interview ["APA et orthopédie"](#)

## Akkreditierung

[Clinique Valmont](#)

## Fachgebiete

[Angepasste körperliche Aktivität](#)

[Alter G](#)

[Globale Neukonditionierung](#)

[Parkinson](#)

## Kontakt

**Clinique Valmont**

Route de Glion

1823 Glion sur Montreux

T +41 21 962 37 25

[physioth@cliniquevalmont.ch](mailto:physioth@cliniquevalmont.ch)

[vCard herunterladen](#)