

# Dipl. Psych. Roberta Donzelli

## Psicologa specialista in psicoterapia oncologica

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### Sprachen

IT

### Ausbildung

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|-----------|--|
| 2016      | Certificate of advanced studies (CAS) in psycho-oncology - SUPSI - Ticino Cancer League - Swiss Society of Psycho-Oncology   |
| 2016      | EMDR (1st level) - Eye Movement Desensitization And Reprocessing-organised by EMDR Italia Suisse and Associazione Ticinese Psicologi - Lugano 19-20-21 February 2016   |
| 2003-2007 | Psychotherapist with psychosomatic orientation, Riza Institute of Psychosomatic Medicine - Four-year School of Specialisation in Psychotherapy (legally recognised by MURST, Ministerial Decree 24/10/94, art. 3 law 56/89)  |
| 2006      | Expert in emergency psychology, Scuola Superiore di Protezione Civile - "Corso formativo per personale servizio psicologico di emergenza convenzionato con Regione Lombardia".<br>C/o I.Re.F. - Lombardy Regional Training Institute for Public Administration   |
| 1995-2006 | September 2006 Milan, intervention of psychological assistance to people involved in the collapse of the building in via Lomellina.<br>November 2005 Malpensa, participation in the Maxi-Emergency Exercise at the airport, organised by the Civil Protection, in collaboration with the Fire Brigade, 118 and the Police Force<br>December 2004 Psychological assistance to people returned to Italy who had experienced the tragedy of the tsunami in the Indian Ocean.<br>December 2002 Cortenova (Lecco), Psychological assistance to the population victims of the landslide in Valsassina (SIPeM).<br>November 2002 S. Giuliano di Puglia - Molise, Psychological assistance to the population affected by the earthquake and collaboration with the Civil Protection for the organisation of intervention plans in schools (SIPeM)<br>April 2002 Cernobbio (Como), participation in the Maxi-Emergency Exercise "Operazione Drago" organised by the Civil Protection, in collaboration with the Fire Brigade, 118 and the Como Police Force<br>1995 Volunteer at the Neurosurgery and Psychiatry Department of the Ospedale Maggiore Ca' Granda di Niguarda - Milan |
| 2002-2003 | Psychologist expert in the problems of urban security, victims and insecurity<br>Advanced training course at the ITARD Centre - Association for Research, Training and Development.  |
| 2002      | Registration with the Order of Psychologists of Lombardy, no. 03/6906  |
| 2002      | State examination for qualification as a psychologist<br>University of Turin   |

1992-2001 Degree course in Clinical and Community Psychology at the State University of Turin  
 Post-graduate traineeship: March 2001 - March 2002 at the Psychology Service of the Mental Health Department of the Sant'Anna Hospital in Como  
 PhD in psychological sciences - five-year degree (old system)  
 Experimental thesis paper: "Analysis of tyrannical and omnipotent behaviour at pre-school age: the parental educational model".  
 Supervisor: Prof. Tilde Giani Gallino

## Berufserfahrung

seit 2018 Speaker  
 SUPSI - Manno  
 DEASS courses - Interdisciplinary palliative care awareness courses - palliative approach  
 "Conviver con la malattia cronica" - "La relazione con il paziente e la sua famiglia" - "Living with chronic illness" - "The relationship with the patient and his family".

seit 2018 Self-employed in medical practice - Lugano and Locarno  
 Psychotherapy  
 Psychological diagnosis and support for adolescents and adults  
 Psychosomatics and psycho-oncology

seit 2011 ASSOCIAZIONE TRIANGOLO - Locarno  
 Volunteering and assistance for cancer patients  
 Psychologist - Coordinator of volunteers  
 Coordination training and supervision of volunteers dedicated to cancer patient care

2013-2020 Delegated psychotherapy c/o Dr.med Nicola Ferroni's medical practice - Locarno  
 Psychotherapy Psychiatry FMH  
 Psychotherapist  
 Psychological diagnosis and support for adolescents and adults

2004-2012 Consultant  
 Mental Health Department of the "S. Anna" hospital in Como  
 Implementation of the three-year regional project "Early detection of mental disorders - Evaluation of therapeutic-preventive interventions".

2008-2011 Tutoring and teaching  
 Varese Province Training Agency  
 Professional Training Centre of Luino  
 Trainer

2008-2010 Trainer  
 British Institute of Seregno,  
 P.zza Risorgimento, 21 - 20038 Seregno (Mi)  
 Training Centre  
 Psychology lecturer in courses for the training of Social and Welfare Auxiliaries

2008 Consultant - chairman of professional institute examination commission, Appointed by the Province of Milan

2003-2008 Trainer  
 Province of Milan - Professional Training Centre "Sandro Pertini" - Seregno (Mi)  
 Professional Training  
 Lecturer in the disciplines: Development of personal skills, Support for disabled pupils, Job Training for disabled pupils. Lecturer in courses for non-compulsory apprentices (18-24 years) in the right to education and training in the electrical, mechanical and office sectors, in the transversal discipline of relational skills.

## Publikationen

Donzelli R., Favaron M., (2003) "LO STRESS NELL'EMERGENZA URGENZA" Edizioni Fatebenefratelli S.r.l.

Donzelli R., Favaron M., (2002) "LO STRESS NELL'EMERGENZA URGENZA - RICERCA CONDOTTA PRESSO LA CENTRALE OPERATIVA DELL'EMERGENZA URGENZA 118 DI MILANO NIGUARDA" - AUPI Notizie, 6, 32-42

## Forschung

Acireale 7 - 11 Ottobre 2003 V. Tummino, I. Cardani, R. Donzelli "Stili di vita e meccanismi di difesa nel paziente oncologico" VIII Convegno Nazionale SIPO - L'integrazione tra cure mediche, trattamento farmacologico e intervento psicologico in oncologia

Vienna 6 - 11 Luglio 2003 V. Tummino, V. Biasi,, P. Bonaiuto, A.M. Giannini, I. Cardani, R. Donzelli, "Further Studies on Personological Differences Between Healthy Persons and Different Types of Patients " at IXth European Congress of Psychology organizzato dall'E.F.P.P.A.

Caserta 25 - 26 Ottobre 2001 V. Tummino, O. Sardi, I. Cardani, R. Donzelli, "Lifestyle defence mechanisms and dangerous road use" al 14° Workshop ICTCT (International Cooperation on Theories and Concepts in Traffic Safety) Caratteristiche degli utenti della strada, con riferimento agli stili di vita, alla sicurezza ed alla qualità della vita

Londra 1 - 6 Luglio 2001 V. Tummino, V. Biasi, P. Bonaiuto, F. Spinelli, M. Favaron, M. Manghise, G. Pellegrino, I. Cardani, R. Donzelli "Relations between Lifestyle Defence Mechanisms and Health Diseases: A Preliminary Italian Study" at VIIth European Congress of Psychology organizzato dall'E.F.P.P.A.

## Mitgliedschaften

Federazione Svizzera degli Psicologi (FSP)  
Associazione Ticinese Psicologi (ATP)  
Swiss Society of Psycho-Oncology (SSPO)  
Società Italiana di Medicina Psicosomatica (SIMP)  
Eye Movement Desensitization And Reprocessing Svizzera (EMDR)

## Akkreditierung

[Clinica Sant'Anna](#)

[Medicentro Sant'Anna](#)

## Fachgebiete

[Psychoonkologie](#)

## Kontakt

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