



Dr. med. Adrien Schwitzguébel

FMH en médecine physique et réhabilitation, spécialiste en médecine du sport SEMS, spécialiste en échographie de l'appareil locomoteur SSUM

Sprachen

FR,EN,DE

Kompetenzen

Affections musculaires et tendineuses

Prise en charge précoce de l'arthrose

Remise en forme personnalisée: maux de dos et maladies chroniques

Suivi sportif pour amateurs et professionnels

Arts martiaux et autres sports explosifs

Echographie musculo-squelettique

Recherche et développement

Berufserfahrung

- 2019 - : Referring doctor for Neuchâtel Xamax juniors and U21s
- 2019 - : Referring doctor for the Neuchâtel Hockey Academy (Ligue A)
- 2019 - : Club doctor for Judo Club Cortaillod
- 2007 - : Referring doctor for the French-speaking section of the karate club and consultant for the national team

• **2019 Ultrasound, locomotor module: Postgraduate qualification**

• **2019 Shock waves: complementary diploma European PRM College**

- 2018-2019: Sports medicine doctor, CHUV

• **2018 Ultrasound of the musculoskeletal system: DIU Paris (JL Brasseur)**

• **2018 Physical Medicine and Rehabilitation: Post-graduate title (FMH)**

• **2018 Sports medicine: Postgraduate qualification (FMH)**

- 2017-2018: Doctor in Musculoskeletal Rehabilitation, CHUV
- 2016 : Doctor in Primary Care Medicine, HUG

• **2016 : Doctorate in Medicine**

- 2015 - 2016 : Emergency doctor, La Tour Hospital
- 2014 - 2015 : Doctor in Orthopaedics & Sports Medicine, La Tour Hospital
- 2013 - 2014 : Neurorehabilitation doctor, CHUV

• **2013 Patient-oriented clinical research: CAS**

- 2013 : Doctor in Primary Care Medicine, HUG
- 2011 - 2013 : Doctor in clinical research in immunology, HUG
- 2011 : Primary care physician, HUG
- 2010 : ENT doctor, HUG
- 2009-2010 : Orthopaedic doctor, HUG

• **2010 : Master of Medicine**

- 2009 : Non-certified doctor in cardiology, HUG

• **2004 : Degree in Biology**

• **2001 : Federal Maturité (scientific)**

seit 2019	Club doctor for Judo Club Cortaillod
seit 2019	Consultant doctor for the Neuchâtel Hockey Academy (League A)
seit 2019	Consultant doctor for the juniors, U21s and first team of Neuchâtel Xamax
seit 2017	Referral doctor for the karate section in French-speaking Switzerland and consultant for the national team
2019	Shock waves: complementary diploma European PRM College
2019	Ultrasound, locomotor module: post-graduate qualification
2018-2019	Sports medicine doctor, CHUV
2018	FMH in physical medicine and rehabilitation
2018	Physical medicine and rehabilitation: Post-graduate qualification (FMH)
2018	Ultrasound of the musculoskeletal system: DIU Paris (JL Brasseur)
2017-2018	Doctor in Musculoskeletal Rehabilitation, CHUV
2016	Doctorate in Medicine
2016	Doctor in primary care medicine, HUG
2015-2016	Emergency doctor, La Tour Hospital
2014-2015	Doctor in Orthopaedics & Sports Medicine, La Tour Hospital
2013-2014	Neurorehabilitation doctor, CHUV
2013	Specialist in primary care medicine, HUG
2013	Patient-oriented clinical research: CAS
2011-2013	Doctor in clinical research in immunology, HUG

2011	Specialist in primary care medicine, HUG
2010	Master's degree in medicine
2010	ENT doctor, HUG
2009–2010	Orthopaedic surgeon, HUG
2009	Non-certified doctor in cardiology, HUG
2004	Degree in Biology
2001	Federal diploma (scientific)

Lehre

"L'enseignement devrait être ainsi : celui qui le reçoit le recueille comme un don inestimable mais jamais comme une contrainte pénible"
Albert Einstein

Supervision de travaux de master en médecine

1) Functionnal Independence Assessment : comparison between nurses and OTs in a réhabilitation unit. Student : Roxane De La Harpe. Tutor : Rolf Frischknecht.

2) Retrospective assessment of the prevalence of the morphological type of anterior and inferior iliac spine in patients with femoroacetabular impingement syndrome. Student: Mirela Kolo. Tutor: Frank Kolo.

3) Schwitzguébel AJ, et al. Differential Diagnosis Assessment in Ambulatory Care with an Automated Medical History-taking device: Pilot Randomized Study. Tutor: Charles Benaïm. Student: Clarisse Jeckelmann.

Présentations orales lors de congrès

- 1) 2019, *1st Digital Rheumatology Day* : Differential diagnosis assessment in primary care with the automated medical history-taking device "Diaana", supported by a pilot randomized study
- 2) 2018, *Swiss SportPhysio* : Efficacy of Platelet-Rich Plasma on interstitial supraspinatus lesion: A randomized, double-blind, controlled trial
- 3) 2018, *Congrès SSMPR (Société Suisse médecine physique réadaptation)* : Efficacy of Platelet-Rich Plasma on interstitial supraspinatus lesion: A randomized, double-blind, controlled trial
- 4) 2018, *Congrès SSMPR (Société Suisse médecine physique réadaptation)* : GABAergic use of global, cognitive, and motor functional outcomes after stroke
- 5) 2018, *SECEC (European society for surgery of the shoulder and the elbow)* : Efficacy of Platelet-Rich Plasma on interstitial supraspinatus lesion: A randomized, double-blind, controlled trial
- 6) 2016, *Congrès genevois d'immunologie* : Déficits en immunoglobulines en cas de rhinosinusite chronique

Publikationen

Scientific publications

- 1) **Schwitzguebel AJ**, Kolo FC, Tirefort J, Saffarini M, Lädermann A. Efficacy of Platelet-Rich Plasma for the Treatment of Interstitial Supraspinatus Tears: Response. *Am J Sports Med.* 2020;48(1):NP9-NP10.
- 2) **Schwitzguebel AJ**, Jeckelmann C, Gavinio R, Levallois C, Benaïm C, Spechbach H. Differential Diagnosis Assessment in Ambulatory Care With an Automated Medical History-Taking Device: Pilot Randomized Controlled Trial. *JMIR Med Inform.* 2019;7(4):e14044. Published 2019 Nov 4.
- 3) **Schwitzguébel AJ**, Lädermann A et al. Clinical and Radiological Effects of Platelet-rich Plasma on Interstitial Supraspinatus Lesion: A Randomized, Double-blind, Controlled Trial. *Am J Sports Med.* 2019.
- 4) Lädermann A, **Schwitzguebel AJ**, Edwards TB, Godeneche A, Favard L, Walch G, Sirveaux F, Boileau P, Gerber C. Glenoid loosening and migration in reverse shoulder arthroplasty. *Bone Joint J.* 2019 Apr;101-B(4):461-469.
- 5) Tirefort J, **Schwitzguebel AJ**, Collin P, Nowak A, Plomb-Holmes C, Lädermann A. Postoperative Mobilization After Superior Rotator Cuff Repair: Sling Versus No Sling: A Randomized Prospective Study. *J Bone Joint Surg Am.* 2019 Mar 20;101(6):494-503.
- 6) Taramarcz P, **Schwitzguébel AJ** et al. Spirometry and provocation tests for vocal fold dysfunction diagnosis: retrospective case series. *Swiss Med Wkly.* 2018 Dec 15;148:w14692.
- 7) **Schwitzguébel AJ**, Gremeaux V et al. Management of muscle injuries in 2018 *Rev Med Suisse.* 2018 Jul 11;14(613):1332-1339.
- 8) Kolo FC, **Schwitzguebel AJ**, Kourhani A, Denard PJ, Charbonnier C, Lädermann A. Fosbury Flop Tear of the Rotator Cuff: Diagnostic Assessment with Magnetic Resonance Arthrography. *Br J Radiol.* 2017 Jul 14:20170146.
- 9) Lädermann A, Denard PJ, Tirefort J, Collin P, Nowak A, **Schwitzguebel AJ**. Subscapularis- and deltoid-sparing vs traditional deltopectoral approach in reverse shoulder arthroplasty: a prospective case-control study. *J Orthop Surg Res.* 2017 Jul 14;12(1):112.
- 10) Lädermann A, Abrassart S, Denard PJ, Tirefort J, Nowak A, **Schwitzguebel AJ**. Functional Recovery Following Early Mobilization after Middle Third Clavicle Osteosynthesis for Acute Fractures or Nonunion: A Case-Control Study. *Orthop Traumatol Surg Res.* 2017 May 25. pii: S1877-0568(17)30138-X.
- 11) Lädermann A, Zumstein MA, Kolo FC, Grosclaude M, Koglin L, **Schwitzguebel AJ**. In vivo clinical and radiological effects of platelet-rich plasma on interstitial supraspinatus lesion: Case series. *Orthop Traumatol Surg Res.* 2016 Dec;102(8):977-982.
- 12) Lädermann A, Lo EY, **Schwitzguébel AJ**, Yates E. Subscapularis and deltoid preserving anterior approach for reverse shoulder arthroplasty. *Orthop Traumatol Surg Res.* 2016 Nov;102(7):905-908.
- 13) **Schwitzguébel AJ**, Benaïm C, Carda S, Torea Filgueira AM, Frischknecht R, Rapin PA. GABAergic drug use and global, cognitive, and motor functional outcomes after stroke. *Ann Phys Rehabil Med.* 2016 Dec;59(5-6):320-325.
- 14) **Schwitzguébel AJ**, Haas C, Lädermann A. [Reverse shoulder arthroplasty]. *Rev Med Suisse.* 2016 Feb 3;12(504):266, 268-9. French.
- 15) Lädermann A, Denard PJ, Abrassart S, **Schwitzguébel AJ**. Achilles tendon allograft for an irreparable massive rotator cuff tear with bony deficiency of the greater tuberosity. *Knee Surg Sports Traumatol Arthrosc.* 2016 Jan 25.
- 16) Lädermann, A., Genevay, M., Abrassart, S. & **Schwitzguébel, AJ**. Supraspinatus Intramuscular Calcified Hematoma or Necrosis Associated with Tendon Tear. *Case Rep. Orthop.* 2015, 496313.
- 17) **Schwitzguébel, AJ**, Jandus, P., Lacroix, J.-S., Seebach, J. D. & Harr, T. Immunoglobulin deficiency in patients with chronic rhinosinuitis: Systematic review of the literature and meta-analysis. *J. Allergy Clin. Immunol.* 2015 Dec;136(6):1523-31.
- 18) **Schwitzguébel AJ**, C.-F. Robert, S. Leal, J.-L. Ziltener. Epidemiology of overtraining syndrome in amateur athletes, *J. de Traumat. du Sport*, 2009 ; 26 N°4 : 210-215.

Präsentationen

Présentations orales lors de congrès

- 1) 2019, *1st Digital Rheumatology Day* : Differential diagnosis assessment in primary care with the automated medical history-taking device “Diaana”, supported by a pilot randomized study

- 2) 2018, *Swiss SportPhysio* : Efficacy of Platelet-Rich Plasma on interstitial supraspinatus lesion: A randomized, double-blind, controlled trial
- 3) 2018, *Congrès SSMPR (Société Suisse médecine physique réadaptation)* : Efficacy of Platelet-Rich Plasma on interstitial supraspinatus lesion: A randomized, double-blind, controlled trial
- 4) 2018, *Congrès SSMPR (Société Suisse médecine physique réadaptation)* : GABAergic use of global, cognitive, and motor functional outcomes after stroke
- 5) 2018, *SECEC (European society for surgery of the shoulder and the elbow)* : Efficacy of Platelet-Rich Plasma on interstitial supraspinatus lesion: A randomized, double-blind, controlled trial
- 6) 2016, *Congrès genevois d'immunologie* : Déficits en immunoglobulines en cas de rhinosinusite chronique

Akkreditierung

[Hôpital de La Providence](#)

Fachgebiete

[Sportmedizin](#)

Kontakt

AS Médecine du sport

Faubourg de l'Hôpital 81
2000 Neuchâtel

T +41 32 720 32 75

medecinedusport@providence.ch

<https://asmedecinedusport.com/>

[vCard herunterladen](#)