



## Dr. med. Ziad Al-Momani

Specialist in orthopaedic surgery and traumatology of the musculoskeletal system FMH

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### Languages

DE,EN,AR

### Education

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| 2003 | Specialist in orthopaedic surgery FMH  |
| 1998 | Federal medical diploma, University of Bern  |
| 1997 | Dissertation completed at the Free University of Berlin / topic: surgical treatment of sulcus ulnaris syndrome |
| 1990 | German medical degree, Free University of Berlin   |

### Work Experience

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|------------|--|
| since 2021 | Practice owner Orthopaedie-Duedingen   |
| 2003–2021  | Deputy Head of Orthopaedic Traumatology at Fribourg Hospital, Tafers and Fribourg  |
| 1998–2003  | Dr Al-Momani completed his training in orthopaedic surgery and traumatology of the musculoskeletal system at various Swiss clinics and cantonal hospitals such as Aarau Cantonal Hospital, Inselspital Bern, Zurich, Solothurn, Graubünden and Biel. |

### Memberships

FMH - Foederatio Medicorum Helveticorum  
SGOT - Swiss Society for Orthopaedics and Traumatology Swiss Orthopedics  
AGA - German-speaking working group for arthroscopy  
AO - Working Group for Osteosynthesis International / Switzerland  
DGUO - German Society for Orthopaedics and Trauma Surgery  
DGOO - German Society for Orthopaedics and Orthopaedic Surgery

### Research

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|------|---|
| 2019 | Poster presentation, Swiss Orthopedics Congress, Baden " From broken spine to broken heart: Takotsubo cardiomyopathy during conservative management of spine fractures. A. Kalogerapouos, Z. Al-Momani, C.Marti |
| 2019 | A. Kalogerapouos, Z. Al-Momani, C.Marti : Posterpresentation, Congress of the Hellenic Association of Orthopedic surgery & Traumatology; "Takotsubo Stress Cardiomyopathy in the Management of Spine Fractures" |

2019	A. Kalogeropoulos, Z. Al-Momani, C.Marti : Poster presentation, Congress of the Hellenic Association of Orthopedic surgery & Traumatology; "Iliopsoas Avulsion Fracture: Rare Case of Inguinal Pain after Epileptic Seizures"
2009	Retrospective analysis of three operatively long bone fractures of the lower leg with delayed bone healing after LCP. SGO -Congress Geneva, 24 - 26 June 2009; Kohl S., Jakob R.P., Al- Momani Z
2008	Lecture AO Faculty, Davos 2007 "Rotation correction of the lower leg after intramedullary fracture treatment"
2008	In-structure AO course
2001	Poster presentation at the Union Congress, Lausanne "The treatment of distal intra-articular radius fractures"
1997	Dissertation at the Free University of Berlin (topic: surgical treatment of sulcus ulnaris syndrome)
1997	Shoulder examination, advanced training for general practitioners in BS Solothurn
1996	Glomus Tumor of the foot and ankle: case report of a rare disease and review of the Literature (Foot and Ankle Surgery 1998)
1996	Exercise-Induced Compartment Syndrome in the Flexor-Pronator Group

## Competences

Orthopaedic surgery and traumatology of the musculoskeletal system:

- Knee and hip prosthetics minimally invasive.
- Knee surgery arthroscopic and joint-preserving (axial corrections, meniscus injuries, meniscus suturing, cruciate ligament replacement surgery).
- Shoulder surgery arthroscopic and minimally invasive (rotator cuff suture mini open, arthroscopic stabilisation, wear and tear and narrowing in the joint, fractures of the shoulder).
- Foot surgery (forefoot corrections such as hallux valgus and hammer toes).
- Traumatology of the upper and lower extremities (osteosynthetic treatment of bone fractures of the lower and upper extremities, including the hand).
- Hand surgery (fractures, nerve decompression, rapid finger, joint cyst ganglion, tendons).

## Accreditation

[Privatklinik Siloah](#)

## Specialties

[Orthopaedic surgery](#)

[Knee pain and knee surgery](#)

[Shoulder surgery](#)

[Foot/ankle surgery](#)

[Hand surgery](#)

[Hip surgery](#)

[Knee arthroscopy](#)

[Knee prosthesis](#)

[Cruciate ligament tear](#)

[Meniscus tear](#)

[Rotator cuff rupture](#)

[Shoulder prosthesis](#)

[Hallux valgus](#)

## Contact

### **Orthopädie-Düdingen**

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