



Andrea Amico

Sports physiotherapist

Languages

IT,DE,FR,EN

Education

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|-----------|---|
| 2023 | Sport Certificate in Managing the Athlete - New Master |
| 2023 | Barca innovation hub: <ul style="list-style-type: none">• Certificate in Workload and Injury in Team Sports• Certificate in Profiling and Monitoring of Athletes using Force Platform Technology |
| 2023 | Integration of manual therapy with indications and therapeutic proposals in musculoskeletal management of the lower limb, at SUPSI, Manno. |
| 2020-2023 | FSEA - Federal Vocational Certificate of Trainer (APF) at Labor Transfer, Camorino |
| 2022 | Certificate of competence, Sports ER in Medical Emergency Management in Sport Advanced Level Course, Royal College of Surgeons (Edin) |
| 2022 | Differential Diagnosis and Pharmacology, at SUPSI, Manno |
| 2021 | CAS in Musculoskeletal Physiotherapy at SUPSI, Manno |
| 2021 | Dry needling and manual therapy in the treatment of myofascial trigger points, at SUPSI, Manno |
| 2021 | Principles of strength and conditioning, Galactic guide for physiotherapists (online) |
| 2021 | CPP, Conflict? Learning to live it to feel better, Daniele Novara, Piacenza |
| 2021 | CPP, Maieutics and the creative dimension of Domandare, Daniele Novara, Piacenza |
| 2021 | The band, from form to function, Viterbo |
| 2021 | Whiplash and associated disorders, Viterbo |
| 2020 | Functional therapeutic movement - Ben Cormack (online) |
| 2020 | Explain pain with Irene Wicki at SUPSI, Lugano |
| 2020 | Non-traumatic shoulder pain with Anju Jaggi at SUPSI, Manno |
| 2016-2019 | University of Applied Sciences and Arts of Southern Switzerland, SUPSI, Manno. Bachelor's degree in the profession of Physiotherapist. Awarded the PhysioSwiss prize for the best Bachelor's thesis at national level |
| 2018 | Topographical and functional anatomy on anatomical preparations at the Institute of Anatomy, University of Bern |
| 2012-2016 | Specialised School for Health and Social Professions, SSPSS in Giubiasco. Obtaining the AFC diploma and maturity as a Social Worker |

Work Experience

since 2023	30% SUPSI employee at DEASS Professional lecturer in the Bachelor in Physiotherapy, Manno
since 2023	Physiotherapist Hockey Club Ladies Lugano team
since 2021	Physiotherapy employee (50%) at the Sports Centre, Ars Medica, Manno
since 2016	Civil defence soldier - Assistant
2019-2023	50% SUPSI employee at DEASS Bachelor's assistant in physiotherapy, Manno
2020-2021	50% physiotherapist employee at the private practice "Myfisio Santini e Vidal", Lamone
2019	Professional internship as physiotherapist at Clinica Ars Medica, Gravesano
2018-2019	Professional internship as physiotherapist at EOC Ospedale Regionale di Lugano - Civico
2017-2018	Professional internship as physiotherapist at EOC Rehabilitation Clinic, Novaggio
2016-2017	Professional internship as physiotherapist at the old people's home Girotondo, Novazzano
2015-2016	Professional internship as OSS at OBV, Mendrisio
2014-2015	Professional internship as OSS at Casa per anziani Santa Lucia, Arzo
2013-2014	Professional internship as OSS at the municipal home for the elderly, Balerna
2012-2013	Professional internship as OSS at the San Rocco retirement home, Morbio Inferiore

Accreditation

[Clinica Ars Medica](#)

[Ars Medica Centro Medico Manno](#)

Specialties

[Physiotherapy](#)

Contact

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