



Ivan Arena

Languages

IT,EN

Education

- | | |
|-----------|--|
| 2019 | Certificate of Advanced Studies in Manual Therapy, SUPSI, Manno (CH) |
| 2016-2017 | Certificate of Advanced Studies in Musculoskeletal Physiotherapy, SUPSI, Manno (CH) |
| 2015 | Manual Lymphatic Drainage Course, Edi.Artes Milan (IT) |
| 2011-2014 | Degree in Physiotherapy obtained on 18 November 2014 with the grade of 110/110, University of Insubria - Via Ravasi 2 - 21100 - Varese
Thesis: " <i>Efficacy of Kinesio Taping as an additional tool in the rehabilitation treatment of pelvis-perineal dysfunctions</i> ". |
| 2013 | Certificate of Kinesio Taping Fundamentals and Advanced (KT1 - KT2 - KT3), Kinesio Taping Association International (KTAI) |
| 2010 | Certificate of "Massage Techniques" course, CECOP (Centre for Professional Courses) |

Work Experience

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| 2015 | Orthopaedic Rehabilitation in outpatients, Nuovo centro fisioterapico di Paola Giotti & C. SAS; via Settembrini 4, 21046 Malnate (VA) |
| 2012-2014 | Professional traineeship: <ul style="list-style-type: none">• Fondazione S. Maugeri, Tradate Medical Centre, Via Roncaccio 16, 21049 Tradate (VA)• Ospedale di Circolo di Varese, Ambulatorio U.O. RRF via Rossi 9, 21100 Varese• Circolo Fondazione Macchi Hospital, Viale Borri 57, 21100 Varese• Fondazione Don Carlo Gnocchi, Centro S.Maria al Monte, Via Nizza 6, 21046 Malnate (VA)• Scientific Institute E. Medea, La Nostra Famiglia, Via Don L. Monza 10, 21040 Vedano Olona (VA)• Tradate Hospital, Piazza Angelo Zanaboni, 21049, Tradate (VA) |

Accreditation

[Clinica Ars Medica](#)

Specialties

[Physiotherapy](#)

Contact

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