



Dr. med. Sacha Beck

Specialist in internal medicine, member FMH
Specialising in geriatrics

Languages

DE,FR,EN

Work Experience

since 2019	Founder and Head of Age Medical Practice - Centre for Health in Old Age
since 2007	Geriatric consultant, City of Zurich retirement centres
2013-2019	Head of the Clinic for Acute Geriatrics, Waid City Hospital, Zurich
2012-2019	Founder and Head of the Centre for Gerontotraumatology, Waid City Hospital, Zurich
2007-2012	Senior physician, Memory Clinic, Clinic for Acute Geriatrics, Waid City Hospital, Zurich
2006-2007	Medicine, Winterthur Cantonal Hospital
2004-2006	Acute geriatrics, Waid City Hospital, Zurich
2003-2004	Surgery, Waid City Hospital, Zurich
2002-2003	Medicine, University Hospital Zurich
2001-2002	Family Medicine, Urdorf
2000-2001	Psychiatry, Königsfelden Clinic, AG
1999-2000	Medicine, Muri District Hospital, AG

Education

2017	Basic course in palliative medicine (level A2)
2009-2013	Master of Health Administration MHA, University of Bern
2006	Specialising in geriatrics Specialist in internal medicine
2004	Specialist title in general medicine
1992-1998	Studied human medicine in Paris, Durham (USA) and Zurich

Memberships

Swiss Medical Association (FMH)
Medical Association of the Canton of Zurich (AGZ)
Swiss Society for General Internal Medicine (SGAIM)
Swiss Society for Geriatrics (SFGG), Vice President
British Geriatric Society (BGS)
Orthogeriatrics expert group, Swiss Orthopedic Society
Lecturer, Faculty of Medicine, University of Zurich

Competences

Geriatrics / geriatric medicine

- All areas of geriatric medicine
- Dementia / cognitive disorders
- Polypharmacy
- Mobility disorders, falls

Perioperative medicine for older people

- Geriatric traumatology, secondary fall and fracture prophylaxis
- Risk stratification, care planning before elective surgery
- Delirium management

Accreditation

[Privatklinik Bethanien](#)

[Medizinisches Zentrum Haus zur Pyramide](#)

Specialties

[Internal medicine](#)

Contact

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