



# Dr. med. Stéphane Borloz

FMH specialist in physical medicine and rehabilitation  
SEMS specialist in sports medicine

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## Languages

FR,EN,DE

## Work Experience

since 2023	Accredited physician, Clinique de Montchoisi, Lausanne, Switzerland
since 2019	Referring doctor for the Ballet Bèjart, Switzerland
since 2018	Referring doctor for Swiss Athletics
since 2014	Accredited physician, Clinique Bois-Cerf, Sport Medicine Centre, Lausanne, Switzerland
2019–2023	Doctor at the SMCC centre, Montreux, Switzerland
2012–2013	Head of Clinic, Centre Hospitalier Universitaire Vaudois, Lausanne, Switzerland
2011–2012	Head of Clinic, University Hospitals of Geneva, Switzerland

## Education

2013	Mesotherapy training, Lausanne, Switzerland
2012	Specialist FMH in Physical and Rehabilitation Medicine European Board of Physical and Rehabilitation Medicine
2012	SSMS Specialist Certificate in Sports Medicine
2008	Doctorate in Medicine, University of Zurich, Switzerland
2004	Federal diploma in medicine, University of Lausanne, Switzerland

## Memberships

- Swiss Society of Sports Medicine (SEMS)
- Swiss Society of Physical Medicine and Rehabilitation (SSMPR)
- French-speaking network of exercise and sports medicine (RRMES), committee member 2014 to 2018
- Vaud Society of Medicine (SVM)
- Federation of Swiss Doctors (FMH)

## Publications

- « Dyskinésie de l'omoplate », Rev Med Suisse. 2012;8:2422-2428
- « Cross-Cultural Adaptation, Reliability, Internal consistency and Validation of the Spinal Function Sort (SFS) for French- and German-Speaking Patients with Back Complaints », J Occup Rehabil. 2012 Mar 13

- « Evidence for Validity and Reliability of a French Version of the FAAM », BMC Musculoskelet Disord. 2011 Feb 8;12:40.
- « Dopage chez les sportifs amateurs », Schweiz. Zeit. Sportmed. Sporttraum., 2013 : 61(1), 21-22 (non référencé)
- « Options thérapeutiques dans la tendinopathie rotulienne », Rev Med Suisse 2012;8:1486-1489
- « Influence on strength and flexibility of a swing phase-specific hamstring eccentric program in sprinters general preparation », J Strength Cond Res. 2015 Jul 11
- « Activités physique - sport et arthrose », Rev Med Suisse. 2012 Mar 14;8(332):564, 566-8, 570
- « Injection of Platelet-Rich Plasma (PRP) for the treatment of sports injuries: a review », Schweiz. Zeit. Sportmed. Sporttraum., 2012: 60(4), 157-160 (non référencé)
- « Validity and Reliability of Maximal Strength Assessment of Knee Flexors and Extensors Using Elastic Bands. », J Sport Rehabil. 2015, 24, 151 -155
- « Echelles d'évaluation fonctionnelle », Rééducation neurologique, Dr A Chantraine, éditions Arnette 2013 (3ème édition)

## Accreditation

[Clinique de Montchoisi](#)

## Specialties

[Physical and rehabilitation medicine](#)

[Sports medicine](#)

## Contact

### Centre de médecine du sport

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