



# Charlotte Brun

Teacher of Adapted Physical Activity (APA)

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## Languages

FR,EN

## Education

2018	Youth & Sports « Sport and handicaps » diploma, Macolin, Switzerland
2016-2018	Master of Science in Movement and Sport Sciences (majoring in Adapted Physical Activities and Health), Lausanne University, Switzerland
2015-2016	Youth and Sports instructor for downhill and cross-country skiing and school sports
2013-2016	Bachelor of Science in Sport and Physical Education, Lausanne University, Switzerland
2014	BrevetPlus Pool, Swimming pool rescue certificate, Switzerland Recertification in 2018
2014	BLS-AED Certification, First-aid training, Switzerland Recertification in 2017 and 2018
2012	High school diploma in sciences, Anna de Noailles School, Evian-les-Bains, France

## Work Experience

since 2018	Teacher of Adapted Physical Activity (APA), Clinique Valmont, Glion sur Montreux, Switzerland
since 2016	Supervision and assistance of persons with mental and/or motor disabilities during sports days (skiing, swimming, team sports)
2017-2018	Suppy Teacher of Adapted Physical Activity (APA), Clinique Valmont, Glion sur Montreux, Switzerland
2017	Conception of exercise programs and supervision for para and quadriplegic patient training sessions over an 8-month period, Swiss Recovery Center, Villeneuve

## Media

### Radio

- 2021, interview ["Alter G et orthopédie"](#)
- 2021, interview ["APA et orthopédie"](#)

## Accreditation

[Clinique Valmont](#)

## Specialties

[Adapted physical activity](#)

[Alter G](#)

[Global reconditioning](#)

[Parkinson](#)

## Contact

**Clinique Valmont**

Route de Glion

1823 Glion sur Montreux

T +41 21 962 37 25

[physioth@cliniquevalmont.ch](mailto:physioth@cliniquevalmont.ch)

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