



Daniela Carminati

Specialist areas:

- Manual therapy according to Maitland (Level 3)
- Manual therapy according to the Mulligan concept A, B, C
- Myofascial trigger point therapy
- Manual lymph drainage
- Muscle Balance-Kinetic control and Stability Training
- NOI - mobilisation of the nervous system / neurodynamics
- Medical training therapy 1 and 2 (MTT)
- Pain management and physiotherapy for chronic pain patients
- Kinesiotape
- McConnell therapy and McConnell taping (knee, shoulder, foot)
- Bobath for adults
- Medical Nordic Walking Instructor

Languages

DE,IT,ES,EN

Accreditation

[Rosenklinik Rapperswil](#)

Specialties

[Physiotherapy](#)

[Medical training therapy \(MTT\)](#)

[Switzerland GLA:D® programm](#)

[Orthopaedic rehabilitation](#)

[Rehabilitation back pain](#)

[Rehabilitation Hip Prosthesis](#)

[Rehabilitation after a knee prosthesis](#)

[Pulmonary rehabilitation](#)

[Herniated disc in the thoracic spine](#)

[Slipped disc in the cervical spine – cervical disc herniation](#)

[Herniated disc in the lumbar spine](#)

Contact

Rosenlinik Physiotherapie

Güterstrasse 21/23

8640 Rapperswil-Jona

T +41 55 220 70 70

rosenlinik@hin.physio

<https://www.rosenlinik.ch>

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