



## Dr. med. Viviane Centmaier-Molnar

Specialist in orthopaedic surgery and traumatology of the musculoskeletal system

Member FMH

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### Languages

DE,FR,EN

### Education

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| 2021      | Travelling Fellowship Swiss Foot and Ankle Society (SFAS)  |
| 2021      | Certificate of competence in sonography of the musculoskeletal system, SGUM  |
| 2012      | Federal specialist title in orthopaedic surgery and traumatology of the musculoskeletal system                         |
| 2011-2012 | Orthopaedics Orthopaedic University Hospital Balgrist, Zurich (Prof. C. Gerber)  |
| 2010      | Orthopaedics and Traumatology Hirslanden Klinik St. Anna, Lucerne (Dr Philipp Meyer)                                   |
| 2006-2009 | Orthopaedics and Traumatology Cantonal Hospital Bruderholz (Prof. Dr Niklaus Friederich)                               |
| 2008      | Certificate of competence in sports medicine SGSM/SEMS Sports medicine basic course D SGSM, Zurich (Dr med. W.O. Frey) |
| 2007      | Sports Medicine Basic Course B SGSM, Leukerbad (Dr H. Spring)  |
| 2007      | Sports Medicine Basic Course C SGSM, Nottwil (Dr med. B. Villiger)   |
| 2005-2006 | Surgical Clinic Dornach Hospital (PD Dr Peter Vogelbach)   |
| 2005      | Dissertation: "Blood doping in elite sport", Prof. Dr A. Gratwohl, Dr P. Jenoure, University of Basel                  |
| 2005      | Sports medicine basic course A SGSM, Magglingen (Dr med. G. Cléin)   |
| 2001-2004 | Medical studies, University of Basel   |
| 1998-2001 | Medical studies at the University of Zurich  |

### Work Experience

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|------------|--|
| since 2021 | Attending physician at the Clinic for Orthopaedics and Traumatology at Winterthur Cantonal Hospital  |
| since 2021 | Self-employed in the group practice Orthopädie Belair with in-patient work at Privatklinik Belair Schaffhausen and Privatklinik Lindberg Winterthur, Privatklinik Bethanien Zurich |
| since 2017 | Head of foot and knee joint consultation at the Glatt Specialist Centre, Wallisellen   |
| since 2015 | Guest lecturer at Zurich University of Applied Sciences (ZHAW) Winterthur; Bachelor's degree programme in Physiotherapy  |

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|------------|--|
| since 2013 | Team doctor / Head of Medical Team Swiss women's national football team (FNT-A)  |
| 2012-2021  | Senior consultant in orthopaedics and traumatology at Winterthur Cantonal Hospital (Dr Markus Pisan, PD Dr Peter Koch) |
| 2011-2012  | Team doctor 1st team men Grasshopper Club Zurich   |
| 2007-2011  | Various sports medical care, including NWS orienteering squad, junior gymnastics squad Basel-Stadt                     |

## Memberships

Swiss Medical Association (FMH)  
 Swiss Society for Orthopaedics and Traumatology (SGOT)  
 Cantonal Medical Association of Schaffhausen (in the admission procedure)  
 Medical Association of the Canton of Zurich (AGZ)  
 Medical Association of the Districts of Winterthur and Andelfingen (AWA)  
 Swiss Foot and Ankle Society (SFAS)  
 Sport & Exercise Medicine Switzerland (SEMS), formally formerly the Swiss Society for Sports Medicine (SGSM)  
 Society for Arthroscopy and Joint Surgery (AGA)

## Competences

Treatment specialisations

Specialisation in the treatment of (sports) injuries or diseases of the foot/ankle joint and knee joint

- Full range of reconstructive foot and ankle surgery (open and arthroscopic techniques)
- Primary partial knee prostheses and total knee prostheses (individual planning before surgery with 3D model of your knee joint based on your radiological data)
- Arthroscopic knee operations for meniscus or cruciate ligament injuries
- Wide range of conservative therapies for foot and knee joint complaints
- ACP therapy (autologous blood therapy) for the treatment of e.g. arthrosis complaints and sports injuries
- Sonographic diagnostics and therapy of the musculoskeletal system

## Accreditation

[Privatklinik Belair](#)

[Privatklinik Bethanien](#)

[Privatklinik Lindberg](#)

## Specialties

[Orthopaedic surgery](#)

[Sports medicine](#)

[Foot/ankle surgery](#)

[Knee pain and knee surgery](#)

[Knee arthroscopy](#)

[Achilles tendon rupture](#)

[Torn ligaments/ligament injuries](#)

[Hallux valgus](#)

[Cruciate ligament tear](#)

## Contact

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