



## Dr. med. Elia Coppens

Specialist in physical medicine and rehabilitation, member of the  
Swiss Medical Association (FMH)  
SSMS Sports medicine  
SAMM Manual therapy

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### Languages

FR,EN

### Education

since 2018 ISFM/FMH Specialised inter-disciplinary training in manual therapy  
since 2017 ISFM/FMH Specialised inter-disciplinary training in sports medicine  
since 2017 Certificate of good practice in clinical trials  
since 2016 FMH certification in physical medicine and rehabilitation  
since 2015 Doctorate in medicine at the Faculty of medicine, University of Geneva  
since 2011 Diplôme fédéral de médecin from the Faculty of medicine at the University of Geneva

### Work Experience

2016–2018 Physical medicine and orthopaedic rehabilitation department, Hôpitaux Universitaires de Genève  
Swiss Olympic Medical Center, Orthopaedics and sports trauma department, Hôpitaux Universitaires de Genève

2016–2018 Chief resident with FMH, Hôpitaux Universitaires de Genève

2014 Neurorehabilitation department, Hôpitaux Universitaires de Genève

2011–2014 Internal medicine at the Hôpitaux Universitaires de Genève

2013 Internal medicine and rehabilitation department, Hôpital des Trois-Chêne, Thônex

2012 Musculoskeletal trauma and orthopaedics department, Hôpitaux Universitaires de Genève

2011 Qualified substitute doctor, Internal medicine and rehabilitation department, Hôpitaux Universitaires de Genève

2008 Medical assistant, Intensive care and surgery department, Hôpitaux Universitaires de Genève

1997–2006 Professional dancer  
Ballet du Grand théâtre de Genève, Alias dance troupe (CH); Opéra National de Lyon (FR); Nederlands Dans Theater (NL); Sonnenbluck troupe, Brussels (BE)

2005 Work placement as a medical assistant, Psychogeriatrics department, La Maison de Vessy, Geneva

## Memberships

SSMS (Swiss Sports Medicine Society)

RRMES (Réseau Romand de Médecine de l'Exercice et du Sport)

IADMS (International Association for Dance Medicine & Science)

SAMM (Société Suisse de la Médecine Manuelle)

SSMPR (Société Suisse de la Médecine Physique et Réadaptation)

## Publications

### Articles:

Coppens E, Gard S, Ziltener J-L, Menetrey J, Philippe M, Tscholl. Retour au sport et à la compétition après reconstruction du ligament croisé antérieur. Rev Med Suisse 2018; volume 14. 1340-1345

Coppens E, Pittet DR, Al-Mayahi M, Cunningham G, Holzer N, Hoffmeyer P, Ladermann A and Uckay I. Characteristics of Propionibacterium acnes Infections in Orthopaedic Surgery: 11 Year Study in a Referral Center, 2004-2014. Austin J Infect Dis. 2016; 3(1): 1021

Coppens E, Kassouha A, Amzalag G, Schnider A, Leemann B. Heterotopic Ossification: A Rare Complication in Guillain-Barré Syndrome. J J Physical Rehab Med. 2015, 1(4): 018.

Victoria B. Duthon, Caecilia Charbonnier, Frank C. Kolo, Nadia Magnenat-Thalmann, Christophe D. Becker, Cindy Bouvet, Elia Coppens, Pierre Hoffmeyer, and Jacques Menetrey. Correlation of Clinical and Magnetic Resonance Imaging Findings in Hips of Elite Female Ballet Dancers. Arthroscopy: The Journal of Arthroscopic and Related Surgery, Vol 29, No 3 (March), 2013; pp 411-419. The Achilles Orthopaedic Sports Medicine Research Award 2011.

## Accreditation

[Clinique Générale-Beaulieu](#)

## Specialties

[Sports medicine](#)

[Physical and rehabilitation medicine](#)

## Contact

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