



# Dr. med. Humberto Delgado Velez

---

## Competences

Care of type 1 and 2 diabetics with multiple cardiovascular risk factors

Endocrine disorders

Current treatments and new technologies

Micronutrition

Therapeutic education

## Work Experience

- since 2024 Independent doctor, Genolier Clinic
- since 2018 Head of the "Lifestyle modifications and type 2 diabetes remission" programme
- 2022-2023 Doctor in charge of the DIAFIT programme, Hôpital Pourtalès, RHNE
- 2020-2023 Hospital doctor in diabetes and endocrinology, Réseau hospitalier Neuchâtelois, RHNE
- 2010-2020 Doctor in charge of the Diabetes Department, Clinique La Lignière
- 2009 Doctor in charge of the DIABAIDE project, Ensemble Hospitalier de la Côte
- 2008-2009 Senior Doctor at the Cardiovascular Rehabilitation Centre in Le Noirmont, Jura
- 2003-2008 Deputy Chief Doctor at the Clinique Genevoise in Montana, Valais
- 2001-2003 Head of the Division of Diabetology-Endocrinology, CHUV
- 1998-2000 Head of the Division of Therapeutic Education for Chronic Diseases of Professor Jean-Philippe Assal, HUG
- 1996-1998 Internal medicine at Professor Jean-Philippe Assal's Therapeutic Teaching Division for Chronic Diseases, HUG
- 1994-1996 Full-time Doctor, Endocrinologist-Diabetologist, Internal Medicine, Hôpital Saint-Louis, Paris, France
- 1992-1994 Internist in the endocrinology department of Professor Gérard Cathelinou, Hôpital Saint Louis, Paris, France
- 1989-1991 Trainee in the endocrinology department of Professor Jean-Louis Chaussain, Hôpital Saint-Vincent de Paul, Paris, France
- 1989 Director of the family health programme at the "Rio Manta" Health Centre, Manta, Ecuador
- 1988-1989 Resident doctor at the Quito Health Centre, Ecuador
- 1987-1988 Internist at the Hospitals of the "Junta de Beneficiencia", Guayaquil, Ecuador

## Education

|           |   |
|-----------|---|
| 2019-2020 | Diploma in Micronutrition, Swiss Society of Micronutrition, SSM                         |
| 2019      | Title of FMH Endocrinology-Diabetology  |
| 2002      | Diploma in Therapeutic Patient Education, University of Geneva                          |
| 1989-1992 | University speciality training, Endocrinology, René Descartes University, Paris, France |
| 1989      | Doctorate in Medicine and Surgery from the University of Guayaquil, Ecuador             |
| 1980      | Science Bacalaureate at the Lycée Salésien San José, Manta, Ecuador                     |

## Media

[25.01.2024, le Journal, Canal Alpha : When diabetes interferes in children's lives](#)

When a disease is declared, it can be a huge struggle for a family. Daily life is turned upside down, and they have to deal with the administrative side of the disease. This is the case for people suffering from type 1 diabetes. This autoimmune disease occurs suddenly, usually in childhood. The pancreas of a child with this form of diabetes stops producing insulin. How can the medical profession help the families affected? We talk to Humberto Delgado Velez, endocrinologist and diabetologist at RHNe.

[Conference: Lifestyle as a treatment for type 2 diabetes](#)

## Accreditation

[Clinique de Genolier](#)

## Specialties

[Diabetology](#)

[Endocrinology](#)

## Contact

### Clinique de Genolier

Route du Muids 3  
1272 Genolier

T +41 22 366 96 01

[secretariatdrdelgado@genolier.net](mailto:secretariatdrdelgado@genolier.net)

[Download vCard](#)