

# Dipl Psych Roberta Donzelli

Psychologist specialising in cancer psychotherapy

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## Languages

IT

## Education

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|-----------|---|
| 2016      | Certificate of advanced studies (CAS) in psycho-oncology - SUPSI - Ticino Cancer League - Swiss Society of Psycho-Oncology  |
| 2016      | EMDR (1st level) - Eye Movement Desensitization And Reprocessing-organised by EMDR Italia Suisse and Associazione Ticinese Psicologi - Lugano 19-20-21 February 2016  |
| 2003–2007 | Psychotherapist with psychosomatic orientation, Riza Institute of Psychosomatic Medicine - Four-year School of Specialisation in Psychotherapy (legally recognised by MURST, Ministerial Decree 24/10/94, art. 3 law 56/89)   |
| 2006      | Expert in emergency psychology, Scuola Superiore di Protezione Civile - "Corso formativo per personale servizio psicologico di emergenza convenzionato con Regione Lombardia".<br>C/o I.Re.F. - Lombardy Regional Training Institute for Public Administration  |
| 1995–2006 | September 2006 Milan, intervention of psychological assistance to people involved in the collapse of the building in via Lomellina.<br>November 2005 Malpensa, participation in the Maxi-Emergency Exercise at the airport, organised by the Civil Protection, in collaboration with the Fire Brigade, 118 and the Police Force<br>December 2004 Psychological assistance to people returned to Italy who had experienced the tragedy of the tsunamis in the Indian Ocean.<br>December 2002 Cortenova (Lecco), Psychological assistance to the population victims of the landslide in Valsassina (SIPeM).<br>November 2002 S. Giuliano di Puglia - Molise, Psychological assistance to the population affected by the earthquake and collaboration with the Civil Protection for the organisation of intervention plans in schools (SIPeM)<br>April 2002 Cernobbio (Como), participation in the Maxi-Emergency Exercise "Operazione Drago" organised by the Civil Protection, in collaboration with the Fire Brigade, 118 and the Como Police Force<br>1995 Volunteer at the Neurosurgery and Psychiatry Department of the Ospedale Maggiore Ca' Granda di Niguarda - Milan |
| 2002–2003 | Psychologist expert in the problems of urban security, victims and insecurity<br>Advanced training course at the ITARD Centre - Association for Research, Training and Development.   |
| 2002      | Registration with the Order of Psychologists of Lombardy, no. 03/6906   |
| 2002      | State examination for qualification as a psychologist<br>University of Turin  |

1992-2001 Degree course in Clinical and Community Psychology at the State University of Turin  
Post-graduate traineeship: March 2001 - March 2002 at the Psychology Service of the Mental Health Department of the Sant'Anna Hospital in Como  
PhD in psychological sciences - five-year degree (old system)  
Experimental thesis paper: "Analysis of tyrannical and omnipotent behaviour at pre-school age: the parental educational model".  
Supervisor: Prof. Tilde Giani Gallino

## Work Experience

since 2018 Speaker  
SUPSI - Manno  
DEASS courses - Interdisciplinary palliative care awareness courses - palliative approach  
"Conviver con la malattia cronica" - "La relazione con il paziente e la sua famiglia" - "Living with chronic illness" - "The relationship with the patient and his family".

since 2018 Self-employed in medical practice - Lugano and Locarno  
Psychotherapy  
Psychological diagnosis and support for adolescents and adults  
Psychosomatics and psycho-oncology

since 2011 ASSOCIAZIONE TRIANGOLO - Locarno  
Volunteering and assistance for cancer patients  
Psychologist - Coordinator of volunteers  
Coordination training and supervision of volunteers dedicated to cancer patient care

2013-2020 Delegated psychotherapy c/o Dr.med Nicola Ferroni's medical practice - Locarno  
Psychotherapy Psychiatry FMH  
Psychotherapist  
Psychological diagnosis and support for adolescents and adults

2004-2012 Consultant  
Mental Health Department of the "S. Anna" hospital in Como  
Implementation of the three-year regional project "Early detection of mental disorders - Evaluation of therapeutic-preventive interventions".

2008-2011 Tutoring and teaching  
Varese Province Training Agency  
Professional Training Centre of Luino  
Trainer

2008-2010 Trainer  
British Institute of Seregno,  
P.zza Risorgimento, 21 - 20038 Seregno (Mi)  
Training Centre  
Psychology lecturer in courses for the training of Social and Welfare Auxiliaries

2008 Consultant - chairman of professional institute examination commission, Appointed by the Province of Milan

2003-2008 Trainer  
Province of Milan - Professional Training Centre "Sandro Pertini" - Seregno (Mi)  
Professional Training  
Lecturer in the disciplines: Development of personal skills, Support for disabled pupils, Job Training for disabled pupils. Lecturer in courses for non-compulsory apprentices (18-24 years) in the right to education and training in the electrical, mechanical and office sectors, in the transversal discipline of relational skills.

## Publications

Donzelli R., Favaron M., (2003) "LO STRESS NELL'EMERGENZA URGENZA" Edizioni Fatebenefratelli S.r.l.

Donzelli R., Favaron M., (2002) "LO STRESS NELL'EMERGENZA URGENZA - RICERCA CONDOTTA PRESSO LA CENTRALE OPERATIVA DELL'EMERGENZA URGENZA 118 DI MILANO NIGUARDA" - AUIPI Notizie, 6, 32-42

## Research

Acireale 7 - 11 October 2003 V. Tummino, I. Cardani, R. Donzelli "Life styles and defence mechanisms in the oncological patient" VIII SIPO National Conference - The integration of medical care, pharmacological treatment and psychological intervention in oncology

Vienna 6 - 11 July 2003 V. Tummino, V. Biasi,, P. Bonaiuto, A.M. Giannini, I. Cardani, R. Donzelli,. "Further Studies on Personological Differences Between Healthy Persons and Different Types of Patients" at IXth European Congress of Psychology organised by E.F.P.A.

Caserta 25 - 26 October 2001 V. Tummino, O. Sardi, I. Cardani, R. Donzelli, "Lifestyle defence mechanisms and dangerous road use" at the 14th Workshop ICTCT (International Cooperation on Theories and Concepts in Traffic Safety) Characteristics of road users with reference to lifestyles, safety and quality of life

London 1 - 6 July 2001 V. Tummino, V. Biasi, P. Bonaiuto, F. Spinelli, M. Favaron, M. Manghise, G. Pellegrino, I. Cardani, R. Donzelli 'Relations between Lifestyle Defence Mechanisms and Health Diseases: A Preliminary Italian Study' at VIIth European Congress of Psychology organised by the E.F.P.A.

## Memberships

Swiss Federation of Psychologists (FSP)  
Ticinese Association of Psychologists (ATP)  
Swiss Society of Psycho-Oncology (SSPO)  
Italian Society of Psychosomatic Medicine (SIMP)  
Eye Movement Desensitisation And Reprocessing Switzerland (EMDR)

## Accreditation

[Clinica Sant'Anna](#)

[Medicentro Sant'Anna](#)

## Specialties

[Psycho-oncology](#)

## Contact

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