



SWISS MEDICAL  
NETWORK



## Dr. med. Claudia Elsig

Specialist in psychiatry and psychotherapy, member of the FMH

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### Languages

DE,FR,EN

### Work Experience

- since 2000 Own practice in Zollikon
- 2011–2015 Medical Director and Head of Psychiatry, The Kusunacht Practice AG, Kusunacht
- 2010–2014 Head of the Clinical Hypnosis Specialist Clinic, Psychiatric Private Clinic Sanatorium Kilchberg
- 1996–2007 Orthopaedic Surgery Practice, Kusunacht (Dr J.P.J. Elsig)
- 2001–2003 Psychiatric Private Clinic Sanatorium Kilchberg, Outpatient Clinic Horgen (Prof. Dr W. Greil)
- 1999–2001 Psychiatric University Clinic Zurich (Prof Dr D. Hell)
- 1994–1995 Psychiatric Private Clinic Sanatorium Kilchberg (Prof. Dr W. Greil)

### Education

- 2013 Accredited Practitioner, EMDR
- 2005 Specialist in psychiatry and psychotherapy
- 2004 Behavioural therapist, SGVT
- 2003 FA Medical Hypnosis (SMSh/GHypS)
- 2000 Clinical hypnotherapist, ESH
- 1995 Doctorate; dissertation: Clinical long-term results in patients with spondylolisthesis operated on at a young age
- 1987–1994 Study Medicine, University of Zurich

### Memberships

- Association of Swiss Physicians, FMH
- Medical Association of the Canton of Zurich, AGZ
- German Society for Hypnosis and Hypnotherapy, DGH
- German Society for Art and Psychopathology of Expression, DGPA
- Eye Movement Desensitisation And Reprocessing, EMDR Switzerland
- Swiss Society for Psychiatry and Psychotherapy SGPP
- Swiss Society for Behavioural and Cognitive Therapy, SGVT
- Swiss Medical Society for Hypnosis, SMSh

Swiss Society for Anti Aging Medicine and Prevention, SSAAMP

### Accreditation

[Privatklinik Bethanien](#)

[Medizinisches Zentrum Haus zur Pyramide](#)

### Specialties

[Psychiatry and psychotherapy](#)

[Psychotherapy](#)

### Contact

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