



SWISS MEDICAL  
NETWORK



# Dr. med. Claudia Elsig

Specialist in psychiatry and psychotherapy, member of the FMH

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## Languages

DE,FR,EN

## Work Experience

since 2000	Own practice in Zollikon
2011–2015	Medical Director and Head of Psychiatry, The Kusunacht Practice AG, Kusunacht
2010–2014	Head of the Clinical Hypnosis Specialist Clinic, Psychiatric Private Clinic Sanatorium Kilchberg
1996–2007	Orthopaedic Surgery Practice, Kusunacht (Dr J.P.J. Elsig)
2001–2003	Psychiatric Private Clinic Sanatorium Kilchberg, Outpatient Clinic Horgen (Prof. Dr W. Greil)
1999–2001	Psychiatric University Clinic Zurich (Prof Dr D. Hell)
1994–1995	Psychiatric Private Clinic Sanatorium Kilchberg (Prof. Dr W. Greil)

## Education

2013	Accredited Practitioner, EMDR
2005	Specialist in psychiatry and psychotherapy
2004	Behavioural therapist, SGVT
2003	FA Medical Hypnosis (SMSH/GHypS)
2000	Clinical hypnotherapist, ESH
1995	Doctorate; dissertation: Clinical long-term results in patients with spondylolisthesis operated on at a young age
1987–1994	Study Medicine, University of Zurich

## Memberships

Association of Swiss Physicians, FMH

Medical Association of the Canton of Zurich, AGZ

German Society for Hypnosis and Hypnotherapy, DGH

German Society for Art and Psychopathology of Expression, DGPA

Eye Movement Desensitisation And Reprocessing, EMDR Switzerland

Swiss Society for Psychiatry and Psychotherapy SGPP

Swiss Society for Behavioural and Cognitive Therapy, SGVT

Swiss Medical Society for Hypnosis, SMSH

Swiss Society for Anti Aging Medicine and Prevention, SSAAMP

### Accreditation

[Privatklinik Bethanien](#)

### Specialties

[Psychiatry and psychotherapy](#)

[Psychotherapy](#)

### Contact

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