



## Dr. med. Christoph Erling

Specialist in orthopaedic surgery and traumatology of the musculoskeletal system and hand surgery, member FMH

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### Languages

DE,FR,EN

### Education

Dr Christoph Erling trained in hand surgery at the University Hospitals of Lausanne, Geneva and Zurich. During this time, he specialised in the treatment of traumatic and degenerative diseases of the upper limbs and, more specifically, the hand. As a hand surgeon and passionate doctor, he became a specialist in orthopaedic surgery and traumatology of the musculoskeletal system in 2017, and in hand surgery in 2018.

2018	FESSH (Federation of European Societies for Surgery of the Hand)
2018	FMH - Specialist in hand surgery
2017	FMH - Specialist in orthopaedic surgery and traumatology of the musculoskeletal system
2013	Orthopaedic surgery and musculoskeletal traumatology examination
2011	Advanced Trauma Life Support
2009	Doctoral thesis: "Fingerdelensarthrodesen DIP, PIP, IP & MCP Eine retrospektive Studie zum Ergebnis der Arthrodese mit Hilfe des DASH-Fragebogens. Vergleichende Studie der Arthrodesetechniken und Arthrodeseealternativen". Department of Hand Surgery at the Malteser Hospital, Bonn (Germany)
2008	USMLE STEP 2 CS
2006	USMLE STEP 2 CK
2005–2006	Medical Studies, University LMU Munich (Germany)
2002–2005	Medical Studies, University of Bonn (Germany)
2003	USMLE STEP 2 CS
1999–2002	Medical Studies, University of Göttingen (Germany)

### Work Experience

Dr Christoph Erling has more than 6 years' experience as head of the clinic and extensive knowledge of conservative and surgical treatment concepts in hand surgery. Analysing specific problems based on the patient's history, clinical examination and other detailed investigations requires in-depth theoretical and practical skills. Fascinated by hand surgery, he is particularly interested in endoscopic and arthroscopic surgical techniques, namely upper extremity nerve neurolysis, synovial cyst removal and wrist ligament refixation (e.g. TFCC), as well as partial wrist fusion (arthrodese) (3-corner-Fusion). In December 2019, he opens a hand surgery consultation in Fribourg.

## Accreditation

[Clinique Générale Ste-Anne](#)

## Specialties

[Orthopaedic surgery](#)

[Hand surgery](#)

## Contact

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