



Dr. med. Philipp Frey

Specialist in orthopaedic surgery and traumatology of the musculoskeletal system, member of FMH, specialising in shoulder and elbow surgery

Languages

DE,FR,IT,EN

Work Experience

since 2013	Private practice, Sport Permanence and Arthrose Clinic, at Privatklinik Bethanien, Zürich
2008–2013	Special training in shoulder and elbow surgery, Schulthess Klinik, Zürich
2007–2008	Emergency surgery, Universitätsspital Zürich, senior physician, team leader
2005–2007	Basic training in orthopaedic surgery, Schulthess Klinik
2003–2005	Resident physician, General surgery, Spital Bülach
2002–2003	Resident physician, General surgery, Spital Zollikerberg

Education

2007	Specialism in orthopaedic surgery and traumatology of the musculoskeletal system
2001	State examinations in Human Medicine, University of Zürich

Memberships

- Swiss Orthopaedics, SGOT
- Gesellschaft für Arthroskopie und Gelenkchirurgie, AGA
- Swiss Medical Association, FMH
- Zürcher Gesellschaft für Orthopädie, ZGO
- Ärztesgesellschaft des Kantons Zürich, AGZ
- Groupe EpauLe GSMN
- Schweizerische Belegärzte Vereinigung, SBV

Competences

- Shoulder and elbow sports injuries
- Shoulder instability/luxation
- Tendinosis and ruptured rotator cuffs
- Joint instability
- Frozen shoulder/capsulitis/arthritis
- Impingement surgery

- Shoulder arthrosis, artificial shoulder joint, shoulder prosthesis, artificial joint replacement
- Inverse shoulder prosthesis
- Partial shoulder prosthesis
- Revision surgery on artificial joints

- Tennis elbow
- Elbow instability
- Stiff/blocked elbow
- Bicep tendinosis
- Elbow arthrosis

- Fractures/broken shoulders & elbows
- Humerus/proximal humerus fractures

- Second opinion
- Assessment and treatment of ailments following operations that have already been performed

Accreditation

[Privatklinik Bethanien](#)

[Klinik Pyramide am See](#)

Specialties

[Orthopaedic surgery](#)

[Shoulder surgery](#)

[Frozen shoulder](#)

[Calcific tendonitis of the shoulder](#)

[Rotator cuff rupture](#)

[Osteoarthritis of the shoulder joint](#)

[Shoulder impingement](#)

[Shoulder dislocation](#)

[Shoulder prosthesis](#)

Contact

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