



Grégory Gamot

Teacher of Adapted Physical Activity (APA)

Languages

FR,EN,RU

Education

- Master 2, Handicap rehabilitation engineering and Motor Performance
- Bachelor's Degree in Athlete training and performance
- DEUG, Education and Motricity
- DEUG, Foreign languages and Civilizations (English)
- Qi-Gong practical training, therapeutic gymnastics, Lausanne, Switzerland
- EPS Teacher training, Angers / France
- Supervisory Officer training in French Army, Saint Cyr Special Military Academy
- Cardiac resuscitation training, First Aid and Swimming pool rescue training, Clinique Valmont

Work Experience

- | | |
|------------|---|
| since 2016 | Teacher of Adapted Physical Activity (APA), Clinique Valmont, Glion sur Montreux, Switzerland |
| 2015 | <ul style="list-style-type: none">• Physical Education and Sports teacher, Boarding house responsible, Ecole La Garenne, Switzerland• Physical education coach, Fitness coach (body building and cardio training), Promove, Villars sur Ollon, Switzerland |
| 2014 | Sports teacher, coordinator, boarding house summer camp responsible, Le Rosey Institute, Gstaad, Switzerland |
| 2008–2014 | <ul style="list-style-type: none">• Secondary school Physical Education and Sports teacher, General and professional secondary school, Amiens, France• Trainer and fitness coach of ESIEE rugby team, Engineer School• Sports association coach (group muscle building classes) |
| 2008 | <ul style="list-style-type: none">• Sports coach and reception desk welcome in a private fitness center, Athletic Club, Amiens, France• APA coach, Functional rehabilitation center, Albert, France |
| 2007 | Aspiring lieutenant, Saint Cyr - the Special Military Academy, Coëtquidan, France |
| 2006 | Trainer/ physical education coach of Handisport wheelchair rugby team, Beauvais, France |
| 2005 | Physical education coach of rugby cadets & juniors, Amiens, France |

Media

Videos

- 2019, "[Neurological rehabilitation: learn how to walk again with the Alter G® Anti-Gravity treadmill](#)"
- 2019, "[Orthopedic rehabilitation: defy the forces of gravity with the Alter G® treadmill](#)"

Accreditation

[Clinique Valmont](#)

Specialties

[Adapted physical activity](#)

[Alter G](#)

[Global reconditioning](#)

Contact

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