



SWISS MEDICAL  
NETWORK



# Monika Guggenbach-Bösch

Physiotherapist

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## Languages

FR,DE,EN,IT

## Work Experience

since 2023	Physiotherapist, Montchoisi Centre for Physical and Cognitive Therapy, Lausanne, Switzerland
2014–2023	Physiotherapist, Burch & Keiser, Sarnen, Switzerland
2009–2013	Physiotherapist, Helma Kaspers, Sarnen, Switzerland
2003–2009	Physiotherapist, Marc Nagels, Kirchdorf, Switzerland
1998	Physiotherapist, Westbahnhof, Solothurn, Switzerland
1992–1997	Physiotherapist, Office of Dr. med. U. Steiger, Meilen, Switzerland
1990–1992	Physiotherapist, Schulthess Clinic, Zurich, Switzerland

## Education

since 2023	CAS Specialist in Lymphology
2022	Breast Care Zhaw continuing education course
2021	BFH scientific work specialisation course
2018–2020	FOI-functional orthonomy and integration
2017	Further training in lymphology: École Földi
2015–2016	Sports physiotherapy spt-education
2013	Myofascial taping
2011–2012	Lymphological physiotherapy: Y. Stoel
2010	Pilates instructor training
1996	MRT medical rehabilitation training
1994	Maitland manipulative physiotherapy
1990–1992	SAMT manual courses
1991	Manual trigger point treatment Dr Dejung
1989	Diploma in physiotherapy, School of Physiotherapy, University Hospital Zurich, Switzerland

## Accreditation

[Clinique de Montchoisi](#)

## Specialties

[Physiotherapy](#)

[Global reconditioning](#)

## Contact

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