



SWISS MEDICAL  
NETWORK



# Monika Guggenbach-Bösch

Physiotherapist

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## Languages

FR,DE,EN,IT

## Work Experience

- since 2023 Physiotherapist, Montchoisi Centre for Physical and Cognitive Therapy, Lausanne, Switzerland
- 2014–2023 Physiotherapist, Burch & Keiser, Sarnen, Switzerland
- 2009–2013 Physiotherapist, Helma Kaspers, Sarnen, Switzerland
- 2003–2009 Physiotherapist, Marc Nagels, Kirchdorf, Switzerland
- 1998 Physiotherapist, Westbahnhof, Solothurn, Switzerland
- 1992–1997 Physiotherapist, Office of Dr. med. U. Steiger, Meilen, Switzerland
- 1990–1992 Physiotherapist, Schulthess Clinic, Zurich, Switzerland

## Education

- since 2023 CAS Specialist in Lymphology
- 2022 Breast Care Zhaw continuing education course
- 2021 BFH scientific work specialisation course
- 2018–2020 FOI-functional orthonomy and integration
- 2017 Further training in lymphology: École Földi
- 2015–2016 Sports physiotherapy spt-education
- 2013 Myofascial taping
- 2011–2012 Lymphological physiotherapy: Y. Stoel
- 2010 Pilates instructor training
- 1996 MRT medical rehabilitation training
- 1994 Maitland manipulative physiotherapy
- 1990–1992 SAMT manual courses
- 1991 Manual trigger point treatment Dr Dejung
- 1989 Diploma in physiotherapy, School of Physiotherapy, University Hospital Zurich, Switzerland

## Accreditation

[Clinique de Montchoisi](#)

## Specialties

[Physiotherapy](#)

[Global reconditioning](#)

## Contact

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