



SWISS MEDICAL  
NETWORK



# Thomas Haas

Medical massage therapist APF

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## Languages

IT,EN,DE,FR

## Competences

- Sports massage
- Lymph drainage
- Myofascial release technique
- Cupping Therapy
- Electrotherapy
- Cryotherapy
- Therapeutic Massage Connective Tissue Massage
- Case history
- Recognition of supplementary health insurance

## Education

2022	<b>Evolution of Manual Lymphatic Drainage</b> , CPS, Lugano
2022	<b>Myofascial Release (Myofibrolysis)</b> , CPS, Lugano
2021	<b>Sports Physiotherapy, most common sports injuries/injuries</b> , VDMS, Aarau
2021	<b>Cupping Therapy</b> , VDMS, Aarau
2020	<b>Federal Professional Certificate of Medical Masseur</b> , M.D., Sursee
2020	<b>Joint mobilisation</b> , Swissportmassage Schule, Langenthal
2020	<b>Medicai Flossing</b> , Swissportmassage Schule, Langenthal
2019	<b>KINESIO TAPING™ KT3, KT4</b> , CPS, Lugano
2016–2019	<b>Full-time training with diploma as a masseur</b> , CPS, Lugano
2018	<b>KINESIOTAPING™ KT1, KT2</b> , CPS, Lugano
2015	<b>G+S Level 1 (ice hockey)</b> , Bellinzona
2009–2013	<b>Highschool Diploma</b> , Shattuck St.Mary's School, Faribault MN, USA

## Work Experience

2019	<b>Medizinische Therapie Zentrum Heilbad, St. Moritz</b> , Medical Masseur
2019	<b>EOC Rehabilitation Clinic, Novaggio</b> , School internship, Medical Masseur
2018	<b>Physiotherapy Health Project, Sant'Antonino</b> , School internship, Medical Masseur
2017–2018	<b>FC Lucerne (first team and U21)</b> , work experience, Medical Masseur

2017            Physiotherapy **Montebello, Arbedo**, School internship, Medical Masseur  
2016            **Physiotherapy La Meridiana, Viganella** , School internship, Medical  
                         Masseur

## Accreditation

[Clinica Ars Medica](#)

[Ars Medica Centro Medico Manno](#)

## Specialties

## Contact

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