



SWISS MEDICAL
NETWORK



Thomas Haas

Medical massage therapist APF

Languages

IT,EN,DE,FR

Competences

- Sports massage
- Lymph drainage
- Myofascial release technique
- Cupping Therapy
- Electrotherapy
- Cryotherapy
- Therapeutic Massage Connective Tissue Massage
- Case history
- Recognition of supplementary health insurance

Education

2022	Evolution of Manual Lymphatic Drainage , CPS, Lugano
2022	Myofascial Release (Myofibrolysis) , CPS, Lugano
2021	Sports Physiotherapy, most common sports injuries/injuries , VDMS, Aarau
2021	Cupping Therapy , VDMS, Aarau
2020	Federal Professional Certificate of Medical Masseur , M.D., Sursee
2020	Joint mobilisation , Swissportmassage Schule, Langenthal
2020	Medicai Flossing , Swissportmassage Schule, Langenthal
2019	KINESIO TAPING™ KT3, KT4 , CPS, Lugano
2016–2019	Full-time training with diploma as a masseur , CPS, Lugano
2018	KINESIOTAPING™ KT1, KT2 , CPS, Lugano
2015	G+S Level 1 (ice hockey) , Bellinzona
2009–2013	Highschool Diploma , Shattuck St.Mary's School, Faribault MN, USA

Work Experience

2019	Medizinische Therapie Zentrum Heilbad, St. Moritz , Medical Masseur
2019	EOC Rehabilitation Clinic, Novaggio , School internship, Medical Masseur
2018	Physiotherapy Health Project, Sant'Antonino , School internship, Medical Masseur
2017–2018	FC Lucerne (first team and U21) , work experience, Medical Masseur

2017 Physiotherapy **Montebello, Arbedo**, School internship, Medical Masseur
2016 **Physiotherapy La Meridiana, Viganella** , School internship, Medical Masseur

Accreditation

[Clinica Ars Medica](#)

[Ars Medica Centro Medico Manno](#)

Specialties

Contact

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