



## Dr. med. Beat Helbling

Specialist in gastroenterology and general internal medicine,  
member of FMH,  
specialising in hepatology

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### Languages

DE,FR,IT,EN

### Work Experience

since 2011	Group practice, Gastroenterology, Bethanien in Zürich
2005–2011	Senior physician, Gastroenterology and internal medicine, Stadtspital Waid, Zürich
2002–2005	Senior physician, Gastroenterology/hepatology, Kantonsspital St. Gallen
2001–2002	Resident physician, Gastroenterology, Universitätsspital Zürich
1999–2001	Resident physician, Gastroenterology, Stadtspital Waid, Zürich
1998	Clinical research, Hepatology, Universitätsspital Zürich
1997	Locum work, Internal medicine, Burgdorf
1996–1997	Senior physician, Internal medicine, Bürgerspital Solothurn
1994–1995	Resident physician, Internal medicine, Bürgerspital Solothurn
1992–1994	Resident physician, Hepatology and clinical pharmacology, Universitätsspital Bern
1990–1992	Resident physician, Internal medicine, Luzerner Kantonsspital Sursee

### Education

2012	Focus on hepatology
2011	Specialist in dose-intensive tests and therapeutic interventions in gastroenterology
2010	Certificate of qualification in endoscopic retrograde cholangiopancreatography ERCP (SGG)
2002	Specialism in gastroenterology
2000	Specialism in sonography (SGUM)
1996	Specialism in general internal medicine
1989	Doctorate in Medicine, University of Bern
1982–1989	Degree in Medicine and state examinations, University of Bern

### Competences

- Stomach and intestinal gastroenterology
- Liver: Hepatology, gall bladder and pancreas
- ERCP: Endoscopic examinations of the bile duct

- Endosonography: Ultrasound examinations of the stomach and intestine

## Accreditation

[Privatlinik Bethanien](#)

## Specialties

[Gastroenterology and Hepatology](#)

[Internal medicine](#)

## Contact

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