



SWISS MEDICAL
NETWORK



Nathalie Herrmann

Specialist areas:

- GLA:D Osteoarthritis
- GLA:D Back
- Function-oriented fascia therapy (FOFT) basic and advanced course
- Manual therapy according to Mulligan Module 1 and 2
- Dr Gottlob course m1 spine and m2 shoulder girdle
- Kinesiotaping
- TWT course A
- Fitness instructor

Languages

DE,EN

Accreditation

[Rosenklinik Rapperswil](#)

Specialties

[Physiotherapy](#)

[Medical training therapy \(MTT\)](#)

[Switzerland GLA:D® programm](#)

[Orthopaedic rehabilitation](#)

[Rehabilitation back pain](#)

[Rehabilitation Hip Prosthesis](#)

[Rehabilitation after a knee prosthesis](#)

[Herniated disc in the thoracic spine](#)

[Slipped disc in the cervical spine – cervical disc herniation](#)

[Herniated disc in the lumbar spine](#)

[Pulmonary rehabilitation](#)

Contact

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