



Dr. med. Florenc Kola

Specialist in Geriatrics and Internal Medicine, FMH member

Languages

IT,EN,RU

Work Experience

since 2023	Chief Physician specialising in Geriatrics and Internal Medicine, Clinica Sant'Anna, Sorengo
2018–2023	Chief Physician in Geriatrics, Department of Internal Medicine, Hospital Regione Bellinzona e Valli
2020–2022	Consultant geriatrician at CREOC, Faido
2017–2018	Assistant physician, Internal Medicine, Lugano Italian Hospital
2016–2017	Assistant physician, Cardiology, Cardio Centro Ticino
2015–2016	Assistant physician, Internal Medicine, Clinica Luganese Moncucco, Lugano
2014–2015	Assistant physician, Geriatrics, Lugano Moncucco Clinic
2014	Assistant physician, First Aid, Istituto Clinico Beato Matteo, Vigevano
2013–2014	Assistant physician, Outpatient Department of Diabetology and Metabolic Diseases in the Elderly, S. Margherita Institute, Pavia
2009–2014	Rehabilitation Pneumology Service, Salvatore Maugeri Foundation, Montescano
2013	Assistant physician, Geriatrics II, S. Margherita Institute, Pavia
2012–2013	Assistant physician, Department of Psycho-Geriatrics, S. Margherita Institute, Pavia
2011–2012	Assistant physician, Outpatient Department of Psycho-geriatrics, S. Margherita Institute, Pavia
2010–2012	General Neurology outpatient clinic, 20% occupancy, C. Mondino Neurological Institute, Pavia. Mondino, Pavia
2011	Assistant physician, Department of Psycho-geriatrics, S. Margherita Institute, Pavia
2011	Assistant physician, Geriatrics, S. Margherita Institute, Pavia
2011	Assistant physician, Internal Medicine, Policlinico San Matteo, Pavia
2010	Assistant physician, Geriatrics, Valsasino Institute, San Colombano al Lambro
2009–2010	Facility physician, La Certosa Home for the Elderly, Samperone
2008–2010	Facility physician, Internal Medicine, Monza Polyclinic
2008–2010	General Neurology Outpatient Clinic, 20% occupancy, Policlinico di Monza
2008–2009	Facility physician, Casa per Anziani la Risaia, Marcignano
2008	Facility physician, Heliopolis Geriatric Centre, Binasco
2007–2008	Graduate intern, Geriatrics II, S. Margherita Institute, Pavia

Education

2008 Degree in medicine and surgery, University of Pavia, Italy

Memberships

since 2021 Federal recognition (ISFM) of the title of Specialist in Geriatrics
since 2020 FMH General Internal Medicine
since 2015 Specialist in Geriatrics, University of Pavia, Italy

Research

Project leader of pilot programme in Oncology Geriatrics, OSG
Project leader of the pilot programme in Syncope Unit/falls in the elderly, OSG
since 2020 Teaching bed site Internal medicine and geriatrics, Faculty of Biomedical Sciences USI, Lugano
since 2020 Teaching at USI Campus, topics: Anamnesis and clinical status, Faculty of Biomedical Sciences USI, Lugano
since 2018 Teaching of geriatrics at the ORBV, EOC Training Service (EOFORM), ORBV
since 2018 Teaching of geriatrics, Scuola Specializzata Superiore in Cure Infermieristiche (SSSCI), Bellinzona

Publications

State of art and advances on the treatment of bone metastases from breast cancer: a concise review. L. Rossi, C. Longhitano, F. Kola, M. Del Grande.

Peer-pressure and overuse: The effect of a multimodal approach on variation in benzodiazepine prescriptions in a network of public hospitals. R. Del Giorno, A. Ottini, A. Greco, K. Stefanelli, F. Kola, L. Clivio, A. Ceschi, L. Gabutti.

Accreditation

[Clinica Sant'Anna](#)

Specialties

[Geriatrics](#)

[Internal medicine](#)

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