



Adriano Longhi

Complementary Therapist Acupuncture and Traditional Chinese
Medicine

Languages

IT

Competences

Acupuncture

Shiatsu massage, Namikoshi technique and iokai with applied moxa bustion

Thai massage, combination of Chinese Medicine acupressure points

Moxa bustion and cupping

Classical massage

Work Experience

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| 2022 | Diploma in Acupuncture |
| 2022 | Collaboration with the pagliative home care association Il Triangolo |
| 2022 | Collaboration with physiotherapy studios |
| 2016 | Cantonal Massage Therapist Diploma |
| 2014 | Diploma as Complementary Therapist |
| 2011 | Independent Shiatsu massage therapist,
Throughout the three-year course, he gained more than 700 hours of
professional experience. |

Education

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|-----------|--|
| 2018-2022 | Professional School TAO of Lugano Diploma Acupuncture |
| 2016 | Professional school SSMT non-medical masseur |
| 2014 | Examinations for recognition of Shiatsu Operator training
at the Italian Shiatsu Federation FISEO and registration in the
professional abo |
| 2013-2014 | Professional school SSMT of Lugano complementary therapist |
| 2013-2014 | Professional School SSMT of Lugano Cantonal Masseur Diploma |

2010-2013 Hours: 1344
Three-year Shiatsu Operator course at Hakusha - Sabbiabianca Varese
Seminar " Specialisation in colour cupping therapy
Seminar 'Curious or extraordinary meridians du mai and ren mai' in Varese
Seminar " The connected body, connective tissue treatment" in Milan
Seminar " Wellness of the body in harmony with the spirit" in Tabiano Terme
Seminar " Body readings and the spine" in Tabiano Terme
Seminar " Traditional Chinese Medicine" in Tabiano Terme
Seminar " The wood element, synthesis of creativity and growth" in Trento
Course on Thai massage in Varese
Seminar " Chinese Medicine" in Tabiano Terme

Accreditation

[Clinica Ars Medica](#)

Specialties

[Acupuncture](#)

[Traditional Chinese medicine](#)

Contact

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