



Dr. med. Sophie Menkes

Work Experience

- since 2021 Medical Director of the Centre for Aesthetic and Regenerative Medicine, Clinique Nescens
- 2017-2021 Medical Director, Forever Institut, Geneva
- 2016-2017 Aesthetic doctor at Forever Institut, Geneva
- 2015-2016 Aesthetic doctor at Clinique Matignon
- 1995-2014 Opened a clinic as an internist and aesthetic doctor and nutrition coach, Paris
- 1994-1995 Head of PMI and maternity department, Paris
- 1989-1993 Medical practice in Internal Medicine, Mesotherapy and Aesthetic Medicine, Toulouse

Education

- since 2014 CUMEG, University Diploma in Gynaecological and Aesthetic Medicine - Henri Mondor Faculty, Paris
- since 2011 DUTIC, University Diploma in Injection and Filling Techniques in Plastic Surgery, Henri Mondor Faculty, Paris
- since 2009 DIU, Inter-University Diploma in Mesotherapy, Faculté La Pitié Salpêtrière, Paris
- since 2008 Diploma in Mesotherapy and Aesthetic Medicine, AMME
- since 2007 DIU, Inter-university diploma in internal medicine, Faculté Bichat, Paris
- since 1989 Diploma in Mesotherapy, Faculté Purpan, Toulouse
- since 1986 Diploma in nutrition and Diploma in sexology
- 1980-1989 Medical studies at the Faculté Bichat, Paris

Competences

Specialist in Regenerative Medicine (PRP, Microfat, Nanofat, Stromal Vascular Fraction, etc.)

Specialist in Aesthetic and Functional Gynaecology

Specialist in Internal Medicine

International medical trainer for Neuvia

International trainer for IBSA hyaluronic acid

Medical trainer for the Biminy Academy

Member of the NSA (Neauvia Scientific Academy) team

Member of the Tulip Medical Products Advisory Board

University lecturer

Medical speaker at international courses and congresses such as IFATS, ISPRESS, IMCAS, AMWC, ISAPS, SOFCEP...

Memberships

Member of UIME (Union Internationale Médecine Esthétique)
Member of the SSME Council (Swiss Society of Aesthetic Medicine)
Founding Member and Secretary General EAGAMPS (European Association for Genital Aesthetic Medicine and Plastic Surgery)
Founding member and President AIRMESS (Academy of international Regenerative Medicine and Surgery Society)
Member ESAG (European Society of Aesthetic Gynecology)
Member IFATS (International Federation for Adipose Therapeutics and Science)
Member ISPRES (International Society of Plastic Regenerative Surgeons)

Publications

2021 2 chapters in " Plastic and Aesthetic Regenerative Surgery and fat grafting clinical application and operative techniques " edited by Amin Kalaaji
 • 1 chapter in " Regenerative medicine and plastic surgery " EMC- Techniques chirurgicales-2021 :1-12 (Article 45-018)
 • "AIRMESS - Academy of International Regenerative Medicine & Surgery Societies: recommendations in use of platelet-rich plasma (PRP), Autologous stem cell-based therapy(ASC-BT) in androgenetic alopecia and wound healing" - Expert opinion on biological therapy 2021

2020 "Microfat nanofat grafting in genital rejuvenation" Aesthetic Surgery Journal 2020,1-8

2019 • "Subcutaneous injections of nanofat adiposed derived stem cell grafting in facial rejuvenation" Plast.Reconst.Surg.Glob Open 2020;8:e2550
 • "Skinbooster for neck and décollete

2018 • "Nanofat grafting in facial rejuvenation
 • "PRP and Erbium laser for genital rejuvenation

2017 "Aesthetic gynecology

2011 "Mesolift as complement of fillers

2009 "Alopecia and Mesotherapy - Evaluation of efficiency - Prospective case study".

1989 Thesis : "Interest of parenteral nutrition in hypotrophic newborns".

Accreditation

Specialties

[Aesthetic medicine](#)

Contact

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