



# Franco, Préparateur physique Pisino

Physical trainer

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## Languages

FR,EN,DE

## Competences

Franco Pisino and karate have a long history, which began in 1982. As an athlete, he was part of the Swiss national team from 1987 to 1988 and from 1992 to 1997, and Italian from 1988 to 1992.

1992 was one of the pivotal years in his life as an athlete and coach. It was then that he set up his own club, [Neuchâtel Karaté Do](#), but it was also the year in which he began his coaching career, in the Swiss B frame, a great experience that lasted until 2004. He was also assistant coach with the Swiss national team from 1998 to 2000. Since 2000, he has been head coach of the national karate team (kumite).

Franco Pisino has been a karate professional since 1999. He trained with the Swiss Federation and then with Swiss Olympic in Magglingen. As the crowning glory of his rich career, he was awarded the [Swiss Olympic Coach Award in 2019](#), in recognition of his work with the next generation of Swiss karate practitioners.

Over the years, his career has not been confined to karate alone. Franco is also a renowned physical trainer. He coached the Union Neuchâtel team for 12 seasons, and even followed former Union coach Manu Schmitt to Toulon. Other sports that have benefited from his invaluable advice as a physical trainer include football, where he worked with Neuchâtel Xamax FCS until they were promoted to the Super League in 2018; figure skating, where he worked with Miriam Loriol and the late Jean-François Ballester; and tennis, where he worked with Pablo Minutella at Les Cadolles in Neuchâtel. At the same time, he has always worked with the Giant Studio and his sister, Ada Pisino, as well as with Mitko Bogoev, physiotherapist at Neuchâtel Xamax FCS.

Keen to share his knowledge and passion, he has just set up [PISINOATHELTICS](#) with his son Noah, whose career as a karate player is rapidly expanding. Follow-up of physical preparation by application, one-to-one and personal training (PT) are among [their basic services](#).

## Accreditation

[Hôpital de La Providence](#)

## Specialties

### Contact

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