



## Dr. med. Stephan Plaschy

Specialist in orthopaedic surgery and traumatology of the musculoskeletal system, member of FMH

---

### Languages

DE,IT,EN

### Work Experience

since 2015	Independent practice at Privatklinik Bethanien
1996–2015	Clinical lead, Orthopaedics and traumatology, Spital Uster
1991–1996	Senior physician, Orthopaedics and traumatology, Kantonsspital Chur (Prof. A. Huggler, Dr. H. Bereiter)
1991	Surgical assistant, Ospedale Regionale di Lugano (Prof. S. Martinoli)
1988–1990	Assistant, Orthopaedics, Universitätsklinik Balgrist, Zürich (Prof. A. Schreiber)
1986–1987	Assistant, Paediatric surgery, Kantonsspital Luzern (Prof. A. Schärli)
1985–1986	Assistant, Internal medicine, Universitätsspital Zürich (Prof. P. Frick)
1984–1985	Assistant, Orthopaedics and traumatology, Ospedale Regionale di Bellinzona e Valli (Dr. R. Blatter)

### Education

1992	Specialism in orthopaedic surgery and traumatology of the musculoskeletal system
1977–1983	Medical degree from the University of Zürich, including dissertation

### Memberships

- Clinical instructor at the University of Zürich
- Swiss Medical Association, FMH
- Swiss Orthopaedics, SGO
- AO Foundation
- Arbeitsgemeinschaft für Arthroskopie, AGA, since 1997 as an instructor

### Media

[Interview with Peter Wick from MeteoNews](#)

[Stress and strains on joints when running](#)

## Accreditation

[Privatklinik Bethanien](#)

[Medizinisches Zentrum Haus zur Pyramide](#)

## Specialties

[Orthopaedic surgery](#)

[Hip surgery](#)

[Hip osteoarthritis](#)

[Hip impingement](#)

[Hip prosthesis](#)

[Knee pain and knee surgery](#)

[Osteoarthritis of the knee](#)

[Knee arthroscopy](#)

[Knee prosthesis](#)

[Cartilage damage](#)

[Cruciate ligament tear](#)

[Meniscus tear](#)

## Contact

**Privatklinik Bethanien**

Arthroseclinic

Toblerstrasse 51

8044 Zürich

T +41 43 268 28 40

[stephan.plaschy@hin.ch](mailto:stephan.plaschy@hin.ch)

[www.arthroseclinic.ch](http://www.arthroseclinic.ch)

[Download vCard](#)