



PD Dr med Stefan Rahm

Specialist in orthopaedic surgery and traumatology of the musculoskeletal system,
Member FMH

Languages

DE,FR,EN,IT

Work Experience

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| since 2022 | Practice partner at the Zurich Joint Centre, Privatklinik Bethanien |
| since 2014 | Lecturer at the medical faculty of the University of Zurich |
| 2020–2021 | Senior Physician Hip and Pelvic Surgery, Balgrist University Hospital (Prof Mazda Farshad) |
| 2014–2019 | Senior consultant in orthopaedics (teams: knee, shoulder/elbow and since 2016 hip) Balgrist University Hospital (Prof Christian Gerber, Prof Mazda Farshad) |
| 2014–2018 | Lecturer at Careum AG training centre for healthcare professions |
| 2015 | Clinical sports surgery fellowship with Prof Pascal Boileau Chairman, Dpt of Orthopaedic & Sports Surgery, University Institute of Locomotion and Sports, Nice, France |
| 2014 | Specialist title for orthopaedic surgery and traumatology of the musculoskeletal system |
| 2013–2014 | Resident in orthopaedics and traumatology, St. Gallen Cantonal Hospital (Prof. Bernhard Jost) |
| 2010–2013 | Resident in orthopaedics, Balgrist University Hospital (Prof. Christian Gerber) |
| 2009–2010 | Traumatology, Cantonal Hospital Winterthur (Prof Marco Decurtins / PD Dr Kurt Käch) |
| 2007 | Military doctor / troop doctor at the Brugg barracks; served as a lieutenant |

Education

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| 2019 | Habilitation and venia legendi in orthopaedics and traumatology of the musculoskeletal system, University of Zurich |
| 2015 | "Clinical sports surgery fellowship with Prof Pascal Boileau Chairman, Dpt of Orthopaedic & Sports Surgery, University Institute of Locomotion and Sports, Nice, France" |
| 2011 | Doctorate in Medicine, University Hospital Zurich "Risk Profile and Incidence of Pacemaker Implantation after Mitral Valve Replacement. Retrospective Analysis USZ and STZ (1990 - 2003)" Prof. Dr M. Genoni, Faculty of Medicine Zurich |
| 2007 | State examination, University of Zurich |

2000–2007 Medical studies at the University of Zurich

Memberships

- Medical Association of the Canton of Zurich, AGZ
- Association of Swiss Assistant and Senior Physicians, VSAO
- Swiss Society for Orthopaedics and Traumatology, Swiss Orthopaedics
- Association of Swiss Physicians

Competences

Hip prosthetics and revision prosthetics:

- Total hip prosthesis minimally invasive, anterior approach for hip osteoarthritis
- Total hip prosthesis via all other lateral or trochanteric osteotomy approaches for hip osteoarthritis with complex deformities or previous operations
- Revision / replacement of total hip prostheses (if possible also via a minimally invasive approach) for worn total hip prostheses, periprosthetic fractures, total hip prosthesis infections or other complications

Sports surgery:

- Hip arthroscopy with labral surgery for hip impingement (femoroacetabular impingement)
- Osteotomies (targeted bone cuts) for certain hip deformities or unhealed fractures
- Tendon refixations for tendon tears (hip abductor tendons, hamstrings)

Cartilage and labrum surgery:

- via the so-called surgical hip dislocation

Trauma surgery:

- Osteosynthesis (surgical fracture treatment) for all fractures around the hip joint

Second opinion

Accreditation

[Privatklinik Bethanien](#)

[Medizinisches Zentrum Haus zur Pyramide](#)

Specialties

[Orthopaedic surgery](#)

[Hip surgery](#)

[Hip osteoarthritis](#)

[Hip impingement](#)

[Hip prosthesis](#)

Contact

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