



## FA M. Sadiq Rahmany

pract. med. FMH Anaesthesiology  
FA Emergency physician SGNOR  
Pain therapy and DGfAN  
Master for neural therapy

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### Languages

DE,EN

### Work Experience

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|------------|--|
| since 2023 | Practice activity, Ärztezentrum Oerlikon   |
| 2020–2021  | GZO Spital Wetzikon, Institute for Anaesthesia, Intensive Care and Pain Medicine                           |
| 2018–2020  | Spital Bülach, Institute for Anaesthesia, Emergency Medicine and Pain Clinic                               |
| 2018       | See-Spital Horgen and Kilchberg, Institute for Anaesthesia, Intensive Care and Emergency Medicine          |
| 2012–2018  | Gesundheitszentrum am See- Spital Lachen, Institute for Anaesthesia, Intensive Care and Emergency Medicine |
| 2007–2012  | Paracelsus Spital Richterswil ZH, Anaesthesia and resuscitation department                                 |
| 2005–2007  | Stadtspital Triemli Zürich, Institute for Anaesthesiology, assistant doctor                                |
| 2003–2005  | Stadtspital Waid Zürich, Institute for Anaesthesiology, assistant doctor                                   |
| 2002–2003  | Stadtspital Waid Zürich, Medical clinic, assistant doctor  |
| 2000–2002  | Universitätsspital Zürich, Institute for Anaesthesiology and Resuscitation, assistant doctor               |
| 1999–2000  | GZO-Spital Wetzikon, Surgical clinic, assistant doctor   |

### Education

|      |   |
|------|---|
| 2021 | DGfAN Master for Neural Therapy, Erfurt Germany       |
| 2018 | SGSS pain specialist                                  |
| 2018 | FA Interventional Pain Therapy (SSIPM)                |
| 2016 | Specialist FMH Anaesthesiology                        |
| 2016 | FA Emergency physician SGNOR                          |
| 2015 | ACLS course in USZ                                    |
| 2015 | Certified specialised pain therapy Nottwil            |
| 2015 | WIT 2015 and emergency doctor refresher course Vienna |
| 2014 | Specialist examination for anaesthesiology in Bern    |
| 2014 | Start4neo Basic Skills Course                         |
| 2014 | PALS Course Kantonsspital St. Gallen                  |

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|-----------|--|
| 2007      | Emergency doctor course  |
| 1998      | Federal State Examination in Human Medicine of the Universität Zürich        |
| 1994–1998 | Medical studies at the Universität Zürich, beginning with clinical semesters |
| 1993–1994 | Nursing activity in the nursing home "Tannzapfenland" Münchwilen TG          |
| 1989–1991 | Djumhuriat Hospital Kabul, Assistant Physician Medical Clinic                |
| 1984–1989 | Medical studies at the University of Kabul                                   |

## Competences

### Competencies

- Acute and chronic pain of the entire spine
- Nerve pain
- Pain after surgeries and injuries
- Various headaches, including migraines
- Joint and muscle pain
- Complex regional pain syndrome (CRPS)
- Visceral pain
- Cancer pain

### Treatment Options

- Medication-based pain therapy
- Infusion therapies with ketamine, procaine, and lidocaine
- Myofascial trigger point therapy
- Interventional pain therapy, such as:
  - CT-guided nerve root blockades
  - CT-guided sympathetic nerve blockades
  - CT-guided facet joint blockades (facet joint injections)
  - Image-guided epidural infiltrations
  - Joint infiltrations, muscle infiltrations (e.g., piriformis blockade)
  - Ultrasound-guided interventions (peripheral nerves, joints)
  - Radiofrequency therapy
  - Neurostimulation
- Pain psychotherapy and psychosomatic assessment and therapy

## Accreditation

[Schmerzlinik Basel](#)

## Specialties

[Anesthesiology](#)

[Pain therapy](#)

[Neural therapy](#)

## Contact

**Schmerzlinik Basel**

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