



# Prof. Dr. med. Natalia Rudovich

Endocrinology / Diabetology

---

## Languages

DE,RU

## Education

- 2019 Appointment as Associate Professor at Charité Universitätsmedizin Berlin
- 2016 Recognition of the medical diploma in Switzerland  
Recognition of the further training title endocrinology/diabetology in Switzerland
- 2011 Venia Legendi for the subject "Internal Medicine", Charite-Universitätsmedizin, Berlin, Germany
- 2010 Specialist examination in internal medicine with specialisation in endocrinology and diabetology, Landesärztekammer Berlin, Germany
- 2008 Licence to practise medicine, Brandenburg State Medical Association, Germany
- 2005 Equivalency examination of the Brandenburg State Medical Association for foreign doctors, Cottbus, Germany
- 2003 Doctorate in "Human Medicine" at the Free University of Berlin, Germany
- 1996 Russian state examination with designation: specialist in endocrinology, St. Petersburg, Russian Federation
- 1993 Licence to practise medicine, St. Petersburg, Russian Federation
- 1992 Medical State Examination, I.P. Pavlov's University, St. Petersburg, Russian Federation
- 1986–1992 Medical studies at I.P. Pavlov's University, St. Petersburg, Russian Federation

## Work Experience

- since 2022 Head Physician for Endocrinology/Diabetology Spital STS AG, Thun
- since 2021 Attending doctor at the Lindberg Private Clinic, Winterthur
- 2016–2021 Head of Endocrinology/Diabetology, Bülach Hospital, Switzerland
- 2010–2016 Research Associate and Project Leader in the Department of Clinical Nutrition (Head: Prof. Dr. A.F.H. Pfeiffer), German Institute of Human Nutrition (Director: Prof. Dr. T. Grune), Nuthetal, , Germany
- 2001–2006 Research Associate in the Department of Clinical Nutrition (Head: Prof. Dr. A.F.H. Pfeiffer), German Institute of Human Nutrition (Director: Prof. Dr. H.G. Joost), Bergholz-Rehbrücke, Germany
- 2000–2001 Assistant physician at the Department of Endocrinology, Diabetes and Nutritional Medicine (Head: Prof. Dr. A.F.H. Pfeiffer), Charité-Universitätsmedizin Berlin, Campus Benjamin-Franklin, Berlin, Germany

1993–1997 Clinical Ordination in Endocrinology at the Department of Faculty Therapy at I.P. Pavlov's Medical University, St. Petersburg, Russian Federation

## Memberships

German Diabetes Society (since 2000)  
European Association for Study of Diabetes (EASD, since 2000)  
German Society for Endocrinology (since 2007)  
German Hypertension League (since 2008)  
European Society of Endocrinology (ESE, since 2016)  
Swiss Society of Endocrinology and Diabetology (SGED, since 2016)  
Endocrine Society (since 2020)

## Competences

Endocrinology/Diabetology, Private Lecturer at Charite-Universitätsmedizin, Berlin, Germany and University Hospital Zurich, Switzerland

## Awards

### Prizes and scholarships

09/2000 Travel grant, 36th EASD Meeting, Jerusalem  
09/2001 Travel grant, 37th EASD Meeting, Glasgow  
05/2005 Danone Award for Nutritional Medicine, DGEM, Geneva, Switzerland  
04/2006 Best Abstract Award, 1-th Diabetes Forum Amsterdam, Holland  
6/2008 Dieter Klaus Sponsorship Award for High Pressure Research 2008  
5/2009 Travel Award, 7-th Conference of System Medicine and Pathways, Corfu, Greece  
2/2011 DDG project funding  
2/2014 Menarini Project Grant 2014 of the German Diabetes Association  
12/15 Project funding of the German Center for Diabetes (DZD)  
2/2016 DDG project funding  
3/2016 European Foundation for the Study of Diabetes Grant  
12/17 Project funding of the German Center for Diabetes (DZD)

## Accreditation

[Privatklinik Lindberg](#)

## Specialties

[Endocrinology](#)

[Diabetology](#)

## Contact

Schickstrasse 11  
8400 Winterthur

[natalia.rudovich@hin.ch](mailto:natalia.rudovich@hin.ch)

[Download vCard](#)