



Prof. Dr. med. Christian Ruef

Consiliary work

Specialist in infectiology and general internal medicine, member of FMH

Languages

DE,FR,EN

Memberships

- Zurich Canton society of doctors
- Federation of Swiss doctors (FMH): full member
- Swiss society for infectious diseases: full member
- Swiss society for hospital hygiene: full member
- Infectious Diseases Society of America: corresponding member
- Society for Hospital Epidemiology of America: full member
- European Society of Clinical Microbiology and Infectious Diseases: full member

Education

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| 2002 | Honorary professor |
| 1996 | Professorship in the Mechanisms of localised immune response in infectious diseases, Faculty of Medicine at the University of Zurich |
| 1983 | Thesis on nephradenoma, Faculty of Medicine at the University of Zurich |
| 1982 | Federal medical exam, University of Zurich |

Work Experience

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| since 2017 | In-patient and out-patient clinical infectiology and internal medicine duties at Privatklinik Lindberg |
| since 2012 | Infectiology practice at Klinik Hirslanden |
| 2010–2012 | Senior Consultant at Zurich Airport representing Federal Health Authority (previously Acting Senior Consultant) |
| 2009–2012 | Special district doctor for Zurich Canton |
| 1999–2011 | Head of Zurich national reference centre for monitoring professional exposure and infections following accidental exposure to blood |
| 1998–2011 | Consultant in clinical infectiology at Balgrist University Hospital Orthopaedic Clinic, Zurich |
| 1997–2011 | Acting Clinic Director and Head of Consulting Services for Infectiology at Zurich University Hospital, Infectious Disease and Hospital Hygiene Clinic at Zurich University Hospital |
| 1996–2011 | Medical Director, Head of Hospital Hygiene, Zurich University Hospital |

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| 1994–2011 | Head of Hospital Hygiene, Zurich University Hospital |
| 2002 | Honorary professor at the Faculty of Medicine at the University of Zurich |
| 2000 | Qualified as infectiologist |
| 1995–1996 | Scientific Director, Hospital Hygiene at Zurich University Hospital |
| 1992–1996 | Consultant, Infectious Disease and Hospital Hygiene Section, Department of Internal Medicine, Zurich University Hospital |
| 1995 | Adjunct Professor, Faculty of Medicine at the University of Zurich |
| 1992 | Specialist in internal medicine |
| 1991–1992 | Scientific medical director, Paediatrics Department and Infectious Diseases Section, Geneva University Canton Hospital |
| 1990 | Associate Research Scientist, Yale University School of Medicine, New Haven, CT (USA) |
| 1990 | Associate Investigator, Veterans Administration Medical Center, West Haven, CT (USA) |
| 1987–1990 | Fellow, Infectious Diseases Section, Yale University School of Medicine, New Haven, CT (USA) Zwischen 1.7.1988 und 31.12.1990: Attending Physician am West Haven VA Hospital |
| 1985–1987 | Registrar, Medical Department, Schaffhausen Canton Hospital |
| 1984–1985 | Resident, Department of Medicine, Reading Hospital and Medical Center, Reading, PA (USA) |
| 1983–1984 | Intern, Department of Medicine, Reading Hospital and Medical Center, Reading, PA (USA) |
| 1983 | Registrar, Institute for Radiotherapy and Nuclear Medicine, Zurich University Hospital |

Competences

Professor Ruef treats the full range of infectious diseases, specialising in:

- Diagnosing in-patients and out-patients suffering inflammations or infections of unknown origin
- Diagnosing and treating patients with Lyme disease or other tick-borne infections
- Diagnosing and treating patients with complex urinary tract or respiratory tract infections
- Treating patients with infections caused by antibiotic-resistant bacteria
- Treating patients with HIV, hepatitis B or hepatitis C
- Infectious diseases on return from travel (e.g. malaria and tropical viral or parasitic diseases)
- In-patient treatment for infections or internal diseases
- Joint management of in-patients from an infectiology or internal medicine perspective (e.g. following surgery)
- Pre-operative diagnostics and peri-operative joint management of patients

Accreditation

[Privatklinik Lindberg](#)

[Privatklinik Belair](#)

[Rosenklinik Rapperswil](#)

Specialties

[Infectiology](#)

[Internal medicine](#)

Contact

Praxis für Infektionskrankheiten und Innere Medizin

Schickstrasse 11

8400 Winterthur

T +41 44 387 29 50

christian.ruef@hin.ch

www.praxis-ruef.ch

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