

Maria-Lisa Sarmini

Medical masseuse

Electrotherapy

Hydro-/Balneotherapy

Connective tissue/fascia massage

Medical lymphatic drainage/complex physical decongestive therapy

Classic massage

Languages

DE,IT,FR

Work Experience

2016–2023	Professional masseuse at Med'n'Well Medical Massage Practice, Zofingen
2012–2015	Professional masseuse at Flowerpower, Olten
2011–2015	Fitness instructor at Flowerpower, Olten
2009–2011	Trainee fitness instructor at Swisstraining, Basel
2008	Securitas, Basel
2005–2007	Fashion consultant at Ochsner Schuh & Sport, Basel
2004–2005	Fashion consultant at Salamander, Basel
2003–2004	Fashion consultant at Müller Schuhe, Basel

Education

2019–2024	Training as a medical masseuse FA
2023	Connective tissue/fascia massage
2023	Drainage lymphique médical/thérapie physique décongestionnante complexe
2022	Health & Ethics Module Certificate, HPS Lucerne Western Medicine KT 180, HPS Lucerne
2022	Hydro-/Balneotherapy
2021	Certified foot reflexology therapist, HPS Lucerne
2021	Electrotherapy
2015	Dorn basic course certificate, Zunzgen
2014	Functional Training Instructor Club School Mirgros, Aare Diploma as a professional masseuse at Sanavit, Basel
2011	Diploma as fitness trainer SAFS, Zurich
2009	Diploma Stafa Aerobics at Swisstraining, Oerlikon
2001–2003	Apprenticeship as a shoe saleswoman at Fricker Schuhe, Basel

Accreditation

[Schmerzlinik Basel](#)

Specialties

[Physiotherapy](#)

Contact

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