

Maria-Lisa Sarmini

Medical masseuse

Electrotherapy

Hydro-/Balneotherapy

Connective tissue/fascia massage

Medical lymphatic drainage/complex physical decongestive therapy

Classic massage

Languages

DE,IT,FR

Work Experience

2016-2023	Professional masseuse at Med'n'Well Medical Massage Practice, Zofingen
2012-2015	Professional masseuse at Flowerpower, Olten
2011-2015	Fitness instructor at Flowerpower, Olten
2009-2011	Trainee fitness instructor at Swisstraining, Basel
2008	Securitas, Basel
2005-2007	Fashion consultant at Ochsner Schuh & Sport, Basel
2004-2005	Fashion consultant at Salamander, Basel
2003-2004	Fashion consultant at Müller Schuhe, Basel

Education

2019-2024	Training as a medical masseuse FA
2023	Connective tissue/fascia massage
2023	Drainage lymphique médical/thérapie physique décongestionnante complexe
2022	Health & Ethics Module Certificate, HPS Lucerne Western Medicine KT 180, HPS Lucerne
2022	Hydro-/Balneotherapy
2021	Certified foot reflexology therapist, HPS Lucerne
2021	Electrotherapy
2015	Dorn basic course certificate, Zunzgen
2014	Functional Training Instructor Club School Mirgros, Aare Diploma as a professional masseuse at Sanavit, Basel
2011	Diploma as fitness trainer SAFS, Zurich
2009	Diploma Stafa Aerobics at Swisstraining, Oerlikon
2001-2003	Apprenticeship as a shoe saleswoman at Fricker Schuhe, Basel

Accreditation

[Schmerzlinik Basel](#)

Specialties

[Physiotherapy](#)

Contact

Schmerzlinik Basel

Hirschgässlein 11-15

4010 Basel

T +41 61 295 89 89

info@schmerzlinik.ch

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