



## Dr. med. Michel Schneider

Specialist in neurosurgery, FMH; especially spinal surgery;  
Interdisciplinary focus on spinal surgery SGNC/SO

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### Languages

DE,EN

### Profile

Michel Schneider, MD, specialist in neurosurgery, founded and heads the Rückenpraxis Seefeld Zurich. Dr. Schneider became fascinated by spinal surgery early on during his further training as a specialist in neurosurgery FMH. He specialised in complex cervical spine surgery during a fellowship at the University of Toronto, Canada with Prof. Dr. M. Fehlings and at Balgrist University Hospital, Zurich with Prof. Dr. M. Farshad in orthopaedic spine surgery. Under Prof. M. Fehlings, Dr Schneider wrote research papers in the field of non-traumatic spinal cord injuries (cervical myelopathy) and received a «Best Paper» award out of over 1400 research papers from the North American Spine Society NASS in 2019.

As a speciality, M. Schneider, MD, is one of the few spine surgeons in Switzerland to offer endoscopic surgery on the spine, which enables very gentle operations with a skin incision of just a few millimetres.

### Competences

- Endoscopic spinal interventions for disc herniations/ herniated discs
- Complex cervical spine procedures from ventral/anterior and dorsal/ posterior for disc hernias, spinal canal stenosis, fractures
- Complex revision surgery of the spine after previous operations
- Special spinal surgery of the ventral, lumbar and thoracic spine
- Minimally invasive and open stabilisation techniques/spondylodeses of the entire cervical, thoracic and lumbar spine for degenerative diseases and trauma
- Microsurgical minimally invasive decompressions for disc hernias and spinal canal stenoses of the entire spine
- Minimally invasive and stabilising interventions for osteoporotic or traumatic vertebral fractures (vertebroplasty, kyphoplasty and stabilisation)
- Infections and metastases of the spine
- Second opinions

### Work Experience

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| since 2023 | Foundation of the Rückenpraxis Seefeld, Zurich                   |
| since 2023 | Attending physician at the Privatklinik Bethanien, Zurich        |
| 2020–2023  | Attending physician, spinal surgery, Spital Zollikerberg, Zurich |

2020–2023	Practice activity, spine practice Dr B. Wälchli, Zurich
2019	Fellowship, neurosurgical spine surgery, especially cervical spine surgery, Toronto Western Hospital, CAN (Prof M. Fehlings)
2018–2019	Fellowship and debut senior Physician, orthopaedic spine surgery, Universitätsspital Balgrist, Zurich (Prof M. Farshad)
2015–2018	Resident, neurosurgery, Kantonsspital St. Gallen, St. Gallen (Prof G. Hildebrandt, Prof A. Weyerbrock)
2013–2015	Resident, neurosurgery, Kantonsspital Winterthur, Zurich (PD Dr J. Oberle)
2012	Resident, visceral, thoracic and vascular surgery, Kantonsspital Winterthur, Zurich (Prof M. Decurtins, Prof St. Breitenstein)
2009	Research, University of California San Francisco, USA

## Education

2022	Endoscopy Spine AO Advanced Course
2021	Specialty title, spine surgery SGNC/SO
2019	Fellowship diploma, University of Toronto, CAN
2019	Fellowship diploma, Universitätsspital Balgrist, Zurich
2019	Specialist diploma, neurosurgery
2019	Endoscopy Spine AO Basic Course
2011	Doctorate, Dr med, University of Bern
2004–2011	Medical studies, state examination, University of Bern
2001–2004	Business informatics specialist, Bank Julius Baer, Zurich, Dr. W. Langnickel

## Memberships

- Ärztgesellschaft des Kantons Zürich, AGZ
- Schweizerische Gesellschaft für Neurochirurgie, SGNC
- Schweizerische Gesellschaft für Spinale Chirurgie, SGS
- Global Academic Community In Spine Care, AO Spine
- North American Spine Society, NASS
- Spine Society of Europe, EUROSPINE

## Accreditation

[Privatklinik Bethanien](#)

## Specialties

[Spinal surgery](#)

[Spinal tumours and metastases on the spinal column](#)

[Spinal stenosis – narrowing of the spinal canal](#)

[Herniated disc](#)

[Herniated disc in the thoracic spine](#)

[Slipped disc in the cervical spine – cervical disc herniation](#)

[Herniated disc in the lumbar spine](#)

## Contact

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