



## Dr. med. Grégoire Schrago

Specialist in general internal medicine, member of the FMH

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### Languages

FR,EN,DE

### Competences

- Cardiology (stress tests / diagnosis of arrhythmias + cardioversions) & Pacemakers
- Specialist Consilium / Teaching / Health Management / Organisations
- Emergency Medicine (SSMUS/SGNOR) (ATLS / ACLS Instructor)
- Ultrasound (SSUM/SGUM tutor) focus: vascular / phlebology
- Check-up: referral doctor for the Genolier SA Group
- Haematology: diagnostics / Travel medicine: advice and vaccinations
- Swiss reference doctor for iron
- Sports medicine / biomechanics

### Work Experience

since 2013	Consultant doctor for ultrasound scans at the CMCB Payerne
since 2003	<ul style="list-style-type: none"><li>• Independent and accredited doctor at Clinique Générale Ste-Anne</li><li>• Medical-Surgical Team: Emergencies, Specialist Consilium</li><li>• Check-ups, cardiology, pacemakers, ultrasound, angiology</li></ul>
1998-2010	Consultant sports doctor at the Hôpital Cantonal de Fribourg (FR): elective sports tests
1998-2003	Head of Clinic, Hôpital Cantonal de Fribourg (FR) Internal medicine, emergencies and intensive care, haemato-oncology, cardiology-pacemakers, senior physician Prof. C. Régamey
1995-1998	Assistant doctor at Geneva University Hospitals Internal medicine, cardiomobile, emergencies DUMC, angiology, intensive care, rheumatology, neurology, haemato-oncology, emergencies Clinique de l'Arve, rehabilitation Hôpital de Loex, senior consultant F. Waldvogel
1994-1995	Assistant doctor at Geneva University Hospitals Polysurgery, DUM emergencies, senior doctors Prof. A. Rohner / Prof. A. Marti
1992-1994	Assistant doctor at the Geneva University Hospitals Haemato-Oncology, senior physicians P.-A. Miescher / Prof. B. Chappuis

### Memberships

- Swiss Society of Internal Medicine (SSMI)
- Swiss Society of Cardiology (SSC)
- European Society for Cardiology
- European Heart Rythm Association
- European Association of Cardiovascular Imaging

- European Association for Cardiovascular Prevention & Rehabilitation American College of Physician
- Swiss Society of Ultrasound in Medicine (SSUM)
- Swiss Society for Emergency and Rescue Medicine (SSMUS)
- Swiss Society of Aviation Medicine (SSAVmed) (President)
- Swiss Society of Sports Medicine (SSMS)
- Swiss Society of Tropical Medicine and Parasitology (SSMTP)
- European College of Sport Sciences
- MBA Alumni Lausanne and Medalumni Fribourg (Editor of the Gazette)
- Aero-Club of Switzerland (AeroExpert and Swiss Delegate)
- FAI International Medical-Physiological Commission (CIMP FAI)
- Cantonal Commission for Sport and Physical Education (CCSEP)

## Apprenticeship

since 2013	Lecturer in the Faculty of Science/Medicine at the University of Fribourg
2013-2014	ACLS and ACLS instructor in Lausanne (Emergency Training Center / centre accredited by the American Heart Association)

## Education

2011-2012	Executive MBA HcM at UNIL / ESSEC Paris La Défense
2010-2011	Aeromedical examiner training in Frankfurt (Lufthansa) / Cologne (European Aerospace Centre) / Dübendorf
2010	Cardiac pacing examination passed by the European Heart Rhythm Association / European Society of Cardiology
2010	Tutor training, SSUM/SGUM, Triemli Hospital (ZH)
2003-2010	ATLS Instructor in University Hospitals
2006-2008	Emergency ultrasound (FAST / PREP), Echocardiography at Prof. Bourgeois (Nîmes/France)
1999-2003	Cardiology: CoP for pacemakers and stress tests (Hôpital Cantonal Fribourg, Paris, Nice)
1998-2000	Ultrasound scans by Dr. Bastid / Prof. Sahel (University Hospital Ste Marguerite in Marseille)
1996-1998	<ul style="list-style-type: none"> <li>• Angiology with Prof. Bounameaux (Geneva University Hospitals)</li> <li>• Ultrasound with Dr Schoenenberg (Geneva University Hospitals)</li> <li>• Biostatistics with Mme Mermillod (Geneva University Hospitals)</li> <li>• CAT in Sports Medicine (Geneva University Hospitals)</li> </ul>
1997	Doctoral thesis, SSMS Swiss Scientific Prize 1997 offered by NOVARTIS: «Sport d'Elite et anémie; nécessité d'une prophylaxie martiale ?» ("Elite sport and anaemia; the need for martial prophylaxis" (Geneva University Hospitals)
1995	Practical microsurgery course at Dr. Della Santa (HUG)
1992	Medical degree (Geneva University Hospitals)
1990-1992	Tropical Medicine: 2 years' pre-graduate theoretical and practical training with annual examinations at Prof. A. Rougemont (HCUG), followed by 2 months' practical training in Senegal.

## Publications

ExecutiveMBA HcM diploma thesis (UNIL 30.10.2012): "Manage your Health in 6 D Universum".

[International Report of Masters Ability Survey](#) (IRMAS 2010) (electronic platform for medical studies in 5 languages)

Abstract IRMAS 2011 (ECSS annual congress in Liverpool) MEDISCOPE brochure (specialist consensus p.19): [«Quand administrer le Fer en injection ou en perfusion»](#) ("When to administer iron by injection or infusion").

Swiss Medical Journal (2006): [«Sport et Fer en 2006»](#) ("Sport and iron in 2006").

Abstract: «Emploi du DMSA (Chemet), un nouveau chélateur PO, dans les intoxications chroniques au plomb». "(Use of DMSA (Chemet), a new PO chelator, in chronic lead poisoning").

Revue Suisse de Médecine et de Traumatologie du Sport (3/97) «Sport d'élite et anémie : nécessité d'une prophylaxie martiale ?» ("Elite sport and anaemia: need for martial prophylaxis?").

Article Médecine & Hygiène (30.7.97) "L'anémie du sportif d'élite: de la fourchette au chrono! ("Anemia in elite athletes: from fork to stopwatch!")

Doctoral thesis (HUG) [«Sport d'élite et anémie : nécessité d'une prophylaxie martiale ?»](#) ("Elite sport and anaemia: the need for martial prophylaxis") (SSMS-Novartis Scientific Prize 1997)

## Accreditation

[Clinique Générale Ste-Anne](#)

## Specialties

[Internal medicine](#)

[Sports medicine](#)

## Contact

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