



# Dr. med. Grégoire Schrago

Specialist in general internal medicine, member of the FMH

---

## Languages

FR,EN,DE

## Competences

- Cardiology (stress tests / diagnosis of arrhythmias + cardioversions) & Pacemakers
- Specialist Consilium / Teaching / Health Management / Organisations
- Emergency Medicine (SSMUS/SGNOR) (ATLS / ACLS Instructor)
- Ultrasound (SSUM/SGUM tutor) focus: vascular / phlebology
- Check-up: referral doctor for the Genolier SA Group
- Haematology: diagnostics / Travel medicine: advice and vaccinations
- Swiss reference doctor for iron
- Sports medicine / biomechanics

## Work Experience

- |            |                                                                                                                                                                                                                                                                         |
|------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| since 2013 | Consultant doctor for ultrasound scans at the CMCB Payerne                                                                                                                                                                                                              |
| since 2003 | <ul style="list-style-type: none"><li>• Independent and accredited doctor at Clinique Générale Ste-Anne</li><li>• Medical-Surgical Team: Emergencies, Specialist Consilium</li><li>• Check-ups, cardiology, pacemakers, ultrasound, angiology</li></ul>                 |
| 1998-2010  | Consultant sports doctor at the Hôpital Cantonal de Fribourg (FR): elective sports tests                                                                                                                                                                                |
| 1998-2003  | Head of Clinic, Hôpital Cantonal de Fribourg (FR) Internal medicine, emergencies and intensive care, haemato-oncology, cardiology-pacemakers, senior physician Prof. C. Régamey                                                                                         |
| 1995-1998  | Assistant doctor at Geneva University Hospitals Internal medicine, cardiomobile, emergencies DUMC, angiology, intensive care, rheumatology, neurology, haemato-oncology, emergencies Clinique de l'Arve, rehabilitation Hôpital de Loex, senior consultant F. Waldvogel |
| 1994-1995  | Assistant doctor at Geneva University Hospitals Polysurgery, DUM emergencies, senior doctors Prof. A. Rohner / Prof. A. Marti                                                                                                                                           |
| 1992-1994  | Assistant doctor at the Geneva University Hospitals Haemato-Oncology, senior physicians P.-A. Miescher / Prof. B. Chappuis                                                                                                                                              |

## Memberships

- Swiss Society of Internal Medicine (SSMI)
- Swiss Society of Cardiology (SSC)
- European Society for Cardiology
- European Heart Rythm Association

- European Association of Cardiovascular Imaging
- European Association for Cardiovascular Prevention & Rehabilitation American College of Physician
- Swiss Society of Ultrasound in Medicine (SSUM)
- Swiss Society for Emergency and Rescue Medicine (SSMUS)
- Swiss Society of Aviation Medicine (SSAVmed) (President)
- Swiss Society of Sports Medicine (SSMS)
- Swiss Society of Tropical Medicine and Parasitology (SSMTP)
- European College of Sport Sciences
- MBA Alumni Lausanne and Medalumni Fribourg (Editor of the Gazette)
- Aero-Club of Switzerland (AeroExpert and Swiss Delegate)
- FAI International Medical-Physiological Commission (CIMP FAI)
- Cantonal Commission for Sport and Physical Education (CCSEP)

### Apprenticeship

- |            |                                                                                                                        |
|------------|------------------------------------------------------------------------------------------------------------------------|
| since 2013 | Lecturer in the Faculty of Science/Medicine at the University of Fribourg                                              |
| 2013-2014  | ACLS and ACLS instructor in Lausanne (Emergency Training Center / centre accredited by the American Heart Association) |

### Education

- |           |                                                                                                                                                                                                                                                                                                                                      |
|-----------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2011-2012 | Executive MBA HcM at UNIL / ESSEC Paris La Défense                                                                                                                                                                                                                                                                                   |
| 2010-2011 | Aeromedical examiner training in Frankfurt (Lufthansa) / Cologne (European Aerospace Centre) / Dübendorf                                                                                                                                                                                                                             |
| 2010      | Cardiac pacing examination passed by the European Heart Rhythm Association / European Society of Cardiology                                                                                                                                                                                                                          |
| 2010      | Tutor training, SSUM/SGUM, Triemli Hospital (ZH)                                                                                                                                                                                                                                                                                     |
| 2003-2010 | ATLS Instructor in University Hospitals                                                                                                                                                                                                                                                                                              |
| 2006-2008 | Emergency ultrasound (FAST / PREP), Echocardiography at Prof. Bourgeois (Nîmes/France)                                                                                                                                                                                                                                               |
| 1999-2003 | Cardiology: CoP for pacemakers and stress tests (Hôpital Cantonal Fribourg, Paris, Nice)                                                                                                                                                                                                                                             |
| 1998-2000 | Ultrasound scans by Dr. Bastid / Prof. Sahel (University Hospital Ste Marguerite in Marseille)                                                                                                                                                                                                                                       |
| 1996-1998 | <ul style="list-style-type: none"> <li>• Angiology with Prof. Bounameaux (Geneva University Hospitals)</li> <li>• Ultrasound with Dr Schoenenberg (Geneva University Hospitals)</li> <li>• Biostatistics with Mme Mermillod (Geneva University Hospitals)</li> <li>• CAT in Sports Medicine (Geneva University Hospitals)</li> </ul> |
| 1997      | Doctoral thesis, SSMS Swiss Scientific Prize 1997 offered by NOVARTIS: «Sport d'Elite et anémie; nécessité d'une prophylaxie martiale ?» ("Elite sport and anaemia; the need for martial prophylaxis" (Geneva University Hospitals)                                                                                                  |
| 1995      | Practical microsurgery course at Dr. Della Santa (HUG)                                                                                                                                                                                                                                                                               |
| 1992      | Medical degree (Geneva University Hospitals)                                                                                                                                                                                                                                                                                         |
| 1990-1992 | Tropical Medicine: 2 years' pre-graduate theoretical and practical training with annual examinations at Prof. A. Rougemont (HUG), followed by 2 months' practical training in Senegal.                                                                                                                                               |

### Publications

ExecutiveMBA HcM diploma thesis (UNIL 30.10.2012): "Manage your Health in 6 D Universum".

[International Report of Masters Ability Survey](#) (IRMAS 2010) (electronic platform for medical studies in 5 languages)

Abstract IRMAS 2011 (ECSS annual congress in Liverpool) MEDISCOPE brochure (specialist consensus p.19): [«Quand administrer le Fer en injection ou en perfusion»](#) ("When to administer iron by injection or infusion").

Swiss Medical Journal (2006): [«Sport et Fer en 2006»](#) ("Sport and iron in 2006").

Abstract: «Emploi du DMSA (Chemet), un nouveau chélateur PO, dans les intoxications chroniques au plomb». "(Use of DMSA (Chemet), a new PO chelator, in chronic lead poisoning").

Revue Suisse de Médecine et de Traumatologie du Sport (3/97) «Sport d'élite et anémie : nécessité d'une prophylaxie martiale ?» ("Elite sport and anaemia: need for martial prophylaxis?").

Article Médecine & Hygiène (30.7.97) "L'anémie du sportif d'élite: de la fourchette au chrono! ("Anemia in elite athletes: from fork to stopwatch!")

Doctoral thesis (HUG) [«Sport d'élite et anémie : nécessité d'une prophylaxie martiale ?»](#) ("Elite sport and anaemia: the need for martial prophylaxis") (SSMS-Novartis Scientific Prize 1997)

## Accreditation

[Clinique Générale Ste-Anne](#)

## Specialties

[Internal medicine](#)

[Sports medicine](#)

## Contact

T +41 26 429 99 50

[gschrago@cliniquegenerale.ch](mailto:gschrago@cliniquegenerale.ch)

[Download vCard](#)