



# Dr. med. Jean-Marie Sengelen

Head of the Mental Health Department  
Head of Outpatient and Semi-Outpatient Services

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## Languages

FR,DE

## Work Experience

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| since 2019 | Head of Outpatient Psychiatry<br><i>Réseau de l'Arc</i>   |
| 2018–2019  | Psychiatrist-psychotherapist FMH, head of adult psychiatry<br><i>Centre de psychiatrie et psychothérapie Les Toises, Lausanne</i>                                       |
| 2015–2017  | Medical advisor for research and development, member of the strategic committee and doctor responsible for hosting health data<br><i>GIP Symaris, Rouffach (France)</i> |
| 2013–2017  | Hospital practitioner<br><i>Centre Hospitalier de Rouffach (France)</i>   |

## Education

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|-----------|---|
| 2018      | FMH qualification in psychiatry   |
| 2017      | MEBEKO recognition of the title of doctor of medicine with specialisation in psychiatry                         |
| 2015      | DIU in community mental health<br><i>Lille 2, Paris 13, CCOMS Lille métropole, APHM Ste Marguerite (France)</i> |
| 2015      | DIU in forensic psychiatry<br><i>Louis Pasteur University, Strasbourg (France)</i>                              |
| 2013      | Diplôme d'Etat de Docteur en Médecine   |
| 2013      | DES in Psychiatry<br><i>University of Limoges (France)</i>  |
| 2010      | Master 2 in surgical sciences<br><i>University of Paris 11 (France)</i>   |
| 2007      | Master's degree in biological and medical sciences<br><i>University of Limoges (France)</i>                     |
| 1998–2005 | First and second cycle of medical studies<br><i>Louis Pasteur University, Strasbourg (France)</i>               |

## Publications

- 2019      Depression, anxiety, somatisation: taking a step back, screening and treatment  
              Depression, anxiety and somatisation: taking a step back, screening and treatment  
              *Forum pour la formation medicale, Lausanne (Switzerland)*
- 2017      *Interpersonal therapy in depression.* Santé Mentale, February 2017
- 2016      Nubukpo, P., Girard, M., **Sengelen, J. M.**, Bonnefond, S., Varnoux, A., Mann, B., & Malauzat, D. (2016). *A prospective hospital study of alcohol use disorders, comorbid psychiatric conditions and withdrawal prognosis. Annals of general psychiatry,*
- 2016      European Psychiatric Association Congress: m-Health in mental Health : *What do the users think about it?*
- 2014      Congrès Français de Psychiatrie: *What place for smartphone applications in psychiatry?*
- 2014      2ème journée de psychopathologie d'Esquirol: *What place for smartphones in tomorrow's psychiatry? The example of mood disorders*
- 2011      Journée de la Société de Psychiatrie Centre Auvergne et Limousin: *Eating disorders around the world*

## Accreditation

[Hôpital de Moutier](#)

## Specialties

[Psychiatry and psychotherapy](#)

## Contact

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