



SWISS MEDICAL  
NETWORK



## Dr. med. Jean-Marie Sengelen

Head of the Mental Health Department  
Head of Outpatient and Semi-Outpatient Services

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### Languages

FR,DE

### Work Experience

- since 2019 Head of Outpatient Psychiatry  
*Réseau de l'Arc*
- 2018–2019 Psychiatrist-psychotherapist FMH, head of adult psychiatry  
*Centre de psychiatrie et psychothérapie Les Toises, Lausanne*
- 2015–2017 Medical advisor for research and development, member of the strategic committee and doctor responsible for hosting health data  
*GIPSymaris, Rouffach (France)*
- 2013–2017 Hospital practitioner  
*Centre Hospitalier de Rouffach (France)*

### Education

- 2018 FMH qualification in psychiatry
- 2017 MEBEKO recognition of the title of doctor of medicine with specialisation in psychiatry
- 2015 DIU in community mental health  
*Lille 2, Paris 13, CCOMS Lille metropole, APHM Ste Marguerite (France)*
- 2015 DIU in forensic psychiatry  
*Luis Pasteur University, Strasbourg (France)*
- 2013 Diplôme d'Etat de Docteur en Médecine
- 2013 DES in Psychiatry  
*University of Limoges (France)*
- 2010 Master 2 in surgical sciences  
*University of Paris 11 (France)*
- 2007 Master's degree in biological and medical sciences  
*University of Limoges (France)*
- 1998–2005 First and second cycle of medical studies  
*Luis Pasteur University, Strasbourg (France)*

## Publications

- 2019 Depression, anxiety, somatisation: taking a step back, screening and treatment  
Depression, anxiety and somatisation: taking a step back, screening and treatment  
*Forum pour la formation medicale, Lausanne (Switzerland)*
- 2017 *Interpersonal therapy in depression. Santé Mentale, February 2017*
- 2016 Nubukpo, P., Girard, M., **Sengelen, J. M.**, Bonnefond, S., Varnoux, A., Mann, B., & Malauzat, D. (2016). *A prospective hospital study of alcohol use disorders, comorbid psychiatric conditions and withdrawal prognosis. Annals of general psychiatry,*
- 2016 European Psychiatric Association Congress: m-Health in mental Health : *What do the users think about it?*
- 2014 Congrès Français de Psychiatrie: *What place for smartphone applications in psychiatry?*
- 2014 2ème journée de psychopathologie d'Esquirol: *What place for smartphones in tomorrow's psychiatry? The example of mood disorders*
- 2011 Journée de la Société de Psychiatrie Centre Auvergne et Limousin: *Eating disorders around the world*

## Accreditation

[Hôpital de Moutier](#)

## Specialties

[Psychiatry and psychotherapy](#)

## Contact

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