



SWISS MEDICAL  
NETWORK



## Dr. med. Eva-Leena Trachsler

Specialist in orthopaedic surgery and traumatology of the musculoskeletal system,  
member of FMH

---

### Languages

DE,EN

### Work Experience

- since 2023 Chief medical officer, Jivita, Centre for Complementary Medicine at Bethanien, Zurich
- 2018–2023 Senior physician, Swiss Olympic Medical Centre, Schulthess Klinik, Zurich (Dr G. Büsser)
- 2014–2018 Resident, Orthopaedics and Trauma Surgery in the rotation programme: Department of upper extremity, lower extremity, foot surgery and spinal surgery, Schulthess Klinik, Zurich (Dr H.-K. Schwyzer, Dr St. Preiss, Prof. M. Leunig, Dr P. Rippstein, PD Dr F. Porchet)
- 2012–2014 Resident, orthopaedics and trauma surgery, traumatology and intensive care medicine, Heidelberg University Hospital, DE (Prof Dr G. Schmidmaier, Prof V. Ewerbeck, Prof Dr M. W. Büchler)

### Education

- 2023 Certificate «Mind Body Medicine», Herbert Benson, Harvard Medical School, USA
- 2023 Certificate «Fundamentals and clinical applications of i.v. nutrient therapy», American Association of Naturopathic Physicians, USA
- 2023 Certificate «Building personal resilience: Managing anxiety and mental health», Harvard University, USA
- 2023 Diploma Pilates instructor, Switzerland
- 2022 Certificate of advanced training in sports medicine, SEMS, Switzerland
- 2019 Certificate of advanced training in sports medicine, DGSM, Germany
- 2019 Certificate in botulinum and filler therapy, DGBT, Germany
- 2018 Specialist in orthopaedics and trauma surgery, Germany
- 2015 Doctorate, Department of Sports Orthopaedics, University Hospital Rechts der Isar University Hospital, Munich, DE (Prof A. Imhoff)
- 2004–2011 Medical studies, state examination, Technical University of Munich, DE

### Accreditation

[Privatklinik Bethanien](#)

## Specialties

[Orthopaedic surgery](#)

[Sports medicine](#)

## Contact

**JIVITA**

**Komplementärmedizin Bethanien**

Toblerstrasse 51

8044 Zürich

T +41 44 512 12 90

[eva.trachsler@jivita.ch](mailto:eva.trachsler@jivita.ch)

[www.jivita.ch](http://www.jivita.ch)

[Download vCard](#)