

Dr. med. Valérie Uldry

FMH-certified paediatrician

Work Experience

After completing her studies at the Faculty of medicine in Geneva, Valérie Uldry earned her Diplôme fédéral de médecin in 2003. She has been involved in general paediatrics, working as a resident within the Paediatrics department of the Hôpitaux Universitaires de Genève from 2003 to 2009. After her training in paediatrics, which included long stints in the emergency, maternity, neonatal and intensive care departments, she spent a year working in general paediatrics at the Hôpital du Samaritain in Vevey in 2007, as well as six months as Assistant chief resident at the Hôpital de Nyon. In 2008, she earned a Master's degree in bioethics from the University of Lausanne, which included a dissertation on saviour siblings and the ethics of pre-implantation diagnosis. In 2009, she was appointed as Chief resident in paediatrics at the Hôpitaux Universitaires de Genève, where she worked in the neonatal and paediatric intensive care departments. She earned her FMH certification in paediatrics in 2009. Following this, she decided to specialise in adolescent medicine and headed to Paris to complete a Diplôme inter-universitaire in adolescent medicine and health in 2011. She then left to work for a year at the Adolescent medicine department of the Centre Hospitalier Universitaire Sainte-Justine in Montreal, Canada, where she worked primarily with patients suffering from anorexia. Upon her return to the Hôpitaux Universitaires de Genève in Geneva at the end of 2012, she worked as Chief resident for consultations with adolescent patients in the Paediatrics department until the end of 2015, at which point she made the decision to leave and set up a private practice at Place du Cirque. At the same time, she was accredited to work at the Clinique Générale-Beaulieu and joined the maternity care team. Since 2017, she has worked alongside Dr Jean-Yves Corajod as the day physician for the Maternity department at the Clinique Générale-Beaulieu. She twice completed the Start4neo training, updating her knowledge in intensive care in the labour ward, in 2016 and 2018. She is also a member of the group of maternity day physicians for maternity clinics in Geneva, who meet several times a year under the leadership of Dr Ricardo Pfister, the Head of the Neonatal department at the Hôpitaux Universitaires de Genève, in order to keep the standard of care in labour wards as high as possible. Since 2011, she has also taken an interest in mindfulness, and has trained to become a mindfulness-based stress reduction teacher, obtaining multiple degrees in France, Belgium and Geneva. As part of this pursuit, since 2016 she has set up several stress management groups for adolescents in her private practice. Starting in 2017, she has pursued training in micronutrition.

Valérie Uldry is a member of the AMGe (Association des Médecins du Canton de Genève), the Swiss Medical Association (FMH), the Société Suisse de Pédiatrie and the Société Genevoise de Pédiatrie, as well as being part of the RPG (Réseau des Pédiatres Genevois).

Accreditation

[Clinique Générale-Beaulieu](#)

Specialties

[Paediatrics](#)

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