



SWISS MEDICAL  
NETWORK



# Mona Utler

Psychologist  
Sport psychologist

---

## Languages

DE,FR,EN

## Work Experience

|           |                                                                                                       |
|-----------|-------------------------------------------------------------------------------------------------------|
| 2024      | Independent sports psychologist                                                                       |
| 2023-2024 | Trainee sports psychologist, DFB (German Football Association), Germany                               |
| 2021-2023 | Sports psychologist, 1. FC Union Berlin, Germany                                                      |
| 2019      | Trainee therapist, psychological and psychosomatic illnesses, Clinique Medigreif Heringsdorf, Germany |
| 2018-2019 | Research Assistant, German Institute for International Educational Research, Germany                  |
| 2018      | Trainee therapist, General psychosomatic rehabilitation, Helios Clinics Bad Grönenbach, Germany       |

## Education

|           |                              |
|-----------|------------------------------|
| 2024-2027 |                              |
| 2023      |                              |
| 2020-2023 | Masters in sports psychology |
| 2016-2019 | Bachelor in psychology       |

## Accreditation

[Clinique de Genolier](#)

## Specialties

[Psychology](#)

## Contact

Clinique de Genolier  
Route du Muids 3  
1272 Genolier

T +41 76 720 52 52  
[mutler@genolier.net](mailto:mutler@genolier.net)

[Download vCard](#)