

Roger Vogel

Specialist in orthopaedic surgery and traumatology of the musculoskeletal system FMH
Interdisciplinary specialisation in sports medicine
Qualified coach for elite sport

Education

since 2015	FMH for orthopaedic surgery and traumatology of the musculoskeletal system
since 2015	Interdisciplinary specialisation in sports medicine
2016	Basic course in ultrasound of the musculoskeletal system
2015	Arthroscopy course Arosa
2013	AO Course: Swiss Residents Course -Advanced Fracture Management
2013	AMIS Total Hip Replacement
2012	AOTrauma Europe Regional Masters Workshop: Shoulder and Elbow
2010	MIS application of NCB Polyaxial Locking Plates
2008	AO Course: Approaches and Osteosynthesis
2007	ATLS Student Course

Work Experience

since 2024	Employee at the "Gruppenpraxis Ittigen" Attending physician at Salem Hospital
2018-2023	Employee at the practice of Dr B. Aklin - Orthopaedic practice Neuengasse Attending physician at Salem Hospital
2015-2018	Senior Physician Orthopaedics (Practice Prof. Dr H.-U. Stäubli)
2013-2015	Senior consultant in orthopaedics (BSS Solothurn)
2012	Rotation assistant hand surgery (Inselspital Bern)
2010-2011	Resident in orthopaedics, in Lucerne, Langnau and at Inselspital Bern
2006-2007	Resident in surgery, emergency department Sonnenhofspital, Bern
2005-2006	Orthopaedics assistant at the Rennbahn Clinic, Muttenz
2004-2005	Assistant doctor in surgery Cardiovascular surgery, Inselspital, Bern
2002-2004	Operating theatre assistant surgery
2003	Scientific assistant Psychiatric University Polyclinic Bern (Autonomic Nervous System)
2000-2002	Scientific research assistant at the Sports Science Institute Magglingen

Publications

Buess E, Waibl B, Vogel R, Seidner R: A comparative clinical evaluation of arthroscopic single-row versus double-row supraspinatus tendon repair. Acta Orthop Belg 2009; 75(5), 588-594

Vogel R: "Overtraining": Definitions, ethiological hypotheses, current trends and methodological limitations. Schweiz Z Sportmed Sporttraumatol 2001; 49(4), 154-162

Vogel R, Marti B, Birrer D, Held T, Seiler R, Hoppeler H: Performance level, heart rate regulation and psychological factors as potential predictors of "overtraining" in endurance sports: results of a prospective study with top athletes. Switzerland Z Sportmed Sporttraumatol 2001; 49(4), 163-172

Poster:

Vogel R, Buess E: Special forms of shoulder instability. Annual Congress SGO 2007, Montreux

Vogel R, Held T, Seiler R, Hoppeler H, Marti B: Overreaching due to a recovery deficit: a case study. Trainer Autumn Conference 2001, Magglingen

Vogel R, Marti B: Changes in resting heart rate before fatigue-induced training reduction and illness. Trainer Autumn Conference 2001, Magglingen

Awards

2001: Scientific prize of the Swiss Society for Sports Medicine for the work "Interdependence of performance, heart rate regulation and psychological factors in endurance athletes: results of a prospective study"

Accreditation

[Privatklinik Siloah](#)

Specialties

[Sports medicine](#)

[Orthopaedic surgery](#)

Contact

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