

# Dr. med. Roman Waibel



Orthopaedics and traumatology of the musculoskeletal system, FMH member

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## Languages

DE,FR,EN

## Work Experience

since 2024	Foundation of SchulterDoc with practices in Thun, Biel and Wichtrach
2023-2024	Co-Chief Physician a.i., Team Leader Upper Extremity Orthopaedics and Traumatology Clinic, Hospital Centre, Biel
2018-2023	Deputy Head Physician, Team Leader Upper Extremity Orthopaedics and Traumatology Clinic, Hospital Centre, Biel
2017	Senior Physician, Team Leader Upper Extremity Clinic for Orthopaedics and Traumatology, Biel Hospital Centre
2016-2017	Senior Physician Orthopaedics - Upper Extremity Team Inselspital, Bern
2014-2015	Senior Physician Orthopaedics Hospital Centre, Bienne
2012-2014	Assistant doctor orthopaedics Inselspital, Bern
2011-2012	Assistant doctor orthopaedics Hospital Network Bern Ziegler, Bern
2010	Assistant doctor orthopaedics Orthopaedics OZM, Münsingen
2009-2010	Assistant doctor orthopaedics Orthopaedics Sonnenhof, Bern
2008	Assistant Surgeon Surgery Menziken Hospital, Aargau

## Education

2015	Acquisition of the specialist title FMH Orthopaedic Surgery and Traumatology of the Musculoskeletal System
1997-2006	Medical studies with doctorate in medicine Medical University of Vienna

## Memberships

- FMH
- Bern Society of Orthopaedics - BGO
- Swiss Orthopedics
- Biel Seeland District Medical Association
- Medical Association of the Canton of Bern

- Joint Arthroscopy Working Group AGA
- AO Trauma

## Competences

### Shoulder:

- Arthroscopic treatment of shoulder muscle tears (rotator cuff reconstructions) including revisions and tendon releases
- Arthroscopic and open treatment of shoulder instabilities including osseous procedures
- Treatment of degenerative shoulder lesions with anatomical and inverse shoulder arthroplasty including CT-supported 3D planning and patient-specific implantation techniques
- Treatment of painful postoperative shoulder problems
- Revision arthroplasty including bony reconstruction and tendon transfers
- Tendon transfers on the shoulder
- Reconstructive and prosthetic treatment of fractures of the entire upper extremity

### Elbow:

- Arthroscopic and open treatment of tennis elbow, elbow stiffness, ligament instability, arthrosis
- Wrist surgery

## Accreditation

[Privatklinik Siloah](#)

## Specialties

[Shoulder surgery](#)

[Shoulder prosthesis](#)

[Elbow surgery](#)

[Orthopaedic surgery](#)

## Contact

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