



SWISS MEDICAL  
NETWORK



# Dr. med. Sofia Zisimopoulou

Internal Medicine and Hypertension

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## Languages

FR,EN

## Education

- 2017 Diploma of Clinical Hypertension Specialist, European Society of Hypertension
- 2014 Certificate in Patient Therapeutic Education, Faculty of Medicine, University of Geneva
- 2013 FMH title of Specialist in General Internal Medicine
- 2005 Medical degree, Aristotle University of Thessaloniki, Greece
- 1997 European Baccalaureate, European School Brussels I

## Work Experience

- since 2019 Medical practice, Eaux-Vives Medical Centre  
Associate Doctor, Hypertension Consultation, Department of Primary Care Medicine, Geneva University Hospitals (HUG)
- 2014–2019 Senior Registrar, Department of Primary Care Medicine, University Hospitals of Geneva
- 2013–2014 Internist, Department of Therapeutic Education for Chronic Diseases, University Hospitals of Geneva
- 2011–2013 Internist, Department of Primary Care Medicine, University Hospitals of Geneva
- 2010–2011 Internist, Department of General Internal Medicine, Geneva University Hospitals
- 2008–2010 Internist, then Senior Registrar, Department of Internal Medicine, Hôpital Du Jura
- 2007–2008 Internist, Internal Medicine and Rehabilitation, Hôpital des Trois-Chêne, Geneva University Hospitals

## Memberships

**SSH** Swiss Society of Hypertension

**ESH** European Society of Hypertension

## Publications

1. Stancu C, Werner C, Pechère-Bertschi A, Zisimopoulou S  
Benefits of meditation in hypertensive adults  
Rev Med Suisse 2018; 14:1588-1592
2. Cane F, Zisimopoulou S, Pechère-Bertschi A  
Hypertension in patients of African descent  
Rev Med Suisse 2017;13:1576-1579
3. Zisimopoulou S, Perivier S, Gkoufa K, Parrat D, Dos Santos A, Braillard O, Guessous I  
Good intentions, possible adverse outcomes  
Rev Med Suisse 2017;13 :148-51
4. Vacher M, Zisimopoulou S, Braillard O, Favrat B, Junod Perron N.  
Iron deficiency intravenous substitution in a Swiss academy primary care division:  
analysis of practices.  
Int J Gen Med. 2016;9:221-7
5. Canel L, Zisimopoulou S, Besson M, Nendaz M.  
Topiramate-induced severe heatstroke in an adult patient: a case report.  
J Med Case Rep. 2016;10:95
6. Zisimopoulou S, Pechère-Bertschi A, Burnier M.  
Potassium and blood pressure, an old story revisited!  
Rev Med Suisse 2016;12:1502-6
7. Bernoulli N, Campanini P, Werner CC, Zisimopoulou S.  
From preconception assessment to management of intercurrent pathologies: follow-  
up of pregnancies in the practice.  
Rev Med Suisse 2015;11:1737-1743
8. Zisimopoulou S., Guessous I.  
Irritable bowel syndrome: a diagnosis of exclusion?  
Rev Med Suisse 2012;8:1821-5.
9. Zisimopoulou S., Giannelli S., Schindler T., Perrenoud J.-J.  
Takotsubo cardiomyopathy associated with seizures in asymptomatic geriatric  
patient.  
Eur Geriatr Med 2010;1:99-100

## Competences

General internal medicine, specialising in hypertension

## Accreditation

[Centre Médical Eaux-Vives](#)

## Specialties

[Internal medicine](#)

## Contact

### Centre Médical Eaux-Vives

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