



# Tessa Zünd

Preparatrice atletica

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## Langues

IT,FR,EN,DE

## Formation

- 2019-2021 Bilingual master's degree (French and German) in sport and motor sciences, option "Health and research", University of Fribourg (UNIFR), in cooperation with the University of Applied Sciences for Sport in Magglingen (EHSM)
- 2019 G+S training in alpine skiing 1 + 2
- 2016-2019 Bachelor of Science in Sport and Physical Education, University of Lausanne (UNIL-ISSUL)
- 2018 G+S training school sport and youth sport
- 2017 G+S training in youth athletics

## Expérience professionnelle

- Depuis 2021 Teacher of Physical Education at Maggia Primary School (Sede ai Ronchini) and Lavertezzo Piano Primary School.
- Depuis 2021 Athletic trainer, Ars Medica Centro dello Sport
- Depuis 2015 Athletics trainer for the "Atletica Tenero 90" athletics group.
- 2020-2021 Trainee in sports and exercise physiology, Ars Medica Centro dello Sport

## Accréditation

[Clinica Ars Medica](#)

[Ars Medica Centro Medico Manno](#)

## Spécialités

[Physiothérapie](#)

## Contactez-nous

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