



SWISS MEDICAL  
NETWORK



# Sofia Sofkou

Physiothérapeute

---

## Lingue

FR,EN,EL

## Esperienze professionali

- |           |   |
|-----------|---|
| dal 2023  | Physiotherapist, Centre de thérapies physiques et cognitives de Montchoisi, Lausanne, Switzerland |
| 2016–2022 | Physiotherapist, Driss KHALDI Physiotherapy Practice, Vevey, Switzerland                          |
| 2013–2016 | Physiotherapist, Athina TSIATSIYOU Physiotherapy Clinic, Naoussa, Greece                          |
| 2011–2016 | Independent home-based physiotherapist, Naoussa, Greece   |
| 2012–2014 | Volunteer physiotherapist, Centre for the Elderly, Naoussa, Greece                                |

## Formazione

- |           |   |
|-----------|---|
| 2023      | Physiotherapy and occupational therapy for patients suffering from functional neurological disorders  |
| 2023      | Welcome and communication based on hospitality best practice  |
| 2017      | Course on cervical disc disease, Chamblon Hospital, Switzerland   |
| 2017      | Lymphatic drainage training, Basic course level I. Lower limb lymphoedema, drainage and bandaging, Simone MONNEY drainage training, Chexbres, Switzerland |
| 2013      | "Shoulder instability, femoroacetabular impingement syndrome and patella instability", Drama, Greece  |
| 2006–2011 | Physiotherapy Diploma, Institute of Technological Education, Thessaloniki, Greece   |

## Accreditamento

[Clinique de Montchoisi](#)

## Specialità

[Fisioterapia](#)

[Ricondizionamento globale](#)

## Contatto

**Centre de thérapies physiques et cognitives**

Avenue de Montchoisi 27

1006 Lausanne

T +41 21 619 34 60

[physio@montchoisi.ch](mailto:physio@montchoisi.ch)

[Scaricare vCard](#)