

# Seasonal menu

## FLAVOUR & BALANCE

Health à la carte

The well-being of our patients and their visitors is at the heart of everything we do. Discover our signature FLAVOUR & BALANCE cuisine – by the Swiss Medical Network.

Light, healthy – and perfectly balanced for your well-being.



## Starters

Tuna tartare ( FAO ) and avocado, wasabi and lime juice	CHF	17.00
Caprese salad, burratina, piquillo pesto and homemade foccacia	CHF	16.00
Crispy tempura egg, truffled Jerusalem artichoke mousseline and virgin Asian vegetables	CHF	18.00

## Mains

Tuna tartare ( FAO ) and avocado, wasabi and lime juice	CHF	35.00
Papardelle with pesto rosso, burrata and fresh virgin sauce	CHF	36.00
Beef rib steak with chimichurri sauce, spring vegetables and new potatoes with parsley	CHF	48.00
Lamb confit with shallots, green asparagus with black garlic and country potatoes	CHF	46.00
Steamed cod with linguïça, lemon oil and arugula and fennel chiffonade, mashed potatoes with citrus fruits	CHF	42.00

## Desserts

Mille feuilles revisited with vanilla cream and red fruits	CHF	16.00
Lemon tart with Breton palet	CHF	15.00
Gourmet coffee	CHF	14.00
Gourmet sparkling	CHF	17.00

## Hot beverages

Coffee / Decaffeinated coffee	CHF	4.50
Espresso	CHF	4.50
"Renversé" coffee	CHF	5.50
Cappuccino	CHF	5.50
Ovomaltine / Caotina / Warm or cold milk	CHF	5.50

## Teas & infusions by NEWBY

### English Breakfast

Originally from Scotland and served at the Balmoral Castle in the Highlands, the timeless English Breakfast remains a staple of an English breakfast. Robust and invigoratingly fresh

Earl Grey CHF 6.50

Tea originally from Howick Hall in Northumberland. Named after Prime Minister Earl Grey, a combination of bergamot orange and black tea.

Green Sencha CHF 6.50

Tea traditionally appreciated in Japan, from the first spring harvests, recognizable and timeless.

Mint CHF 6.50

The penetrating taste of mint leaves, rich in menthol oil, naturally make this caffeine-free herbal tea the ideal refreshing drink at the end of a meal.

Verbena CHF 6.50

This caffeine-free herbal tea is subtly refreshed with citrus notes thanks to the presence of elegant lemon verbena leaves.

Chamomile CHF 6.50

Naturally soothing, this soft herbal tea composed of chamomile flowers offers a moment of tranquility.

## Juices & fruit nectars

Apricot Opaline	2.5dl CHF	5.50
Fresh fruit juice of the day	2.5dl CHF	10.00

## Soft drinks

Red Rivella, Coca-cola, Zéro, Ramseier apple juice	33cl CHF	5.50
Schweppes tonic, Schweppes ginger ale, Schweppes pink pepper	20cl CHF	5.50
San Pellegrino Bitter	10cl CHF	5.50

## Mineral water

Green Henniez	50cl CHF	6.00
	75cl CHF	8.00
Blue Henniez	50cl CHF	6.00
	75cl CHF	8.00

## Beers

Eichhof Braugold	33cl CHF	6.50
Erdinger Weissbier	33cl CHF	6.50
Eichhof 0.0.% (Alcohol-free)	33cl CHF	6.50

# Wine by the glass

## White wine

Epesses Domaine Antoine Bovard, 2022	1dl CHF	7.50
Domaine La Capitaine, La Côte, 2023, Domaine de la Capitaine, Suisse	1dl CHF	8.50
Pinot Grigio, Friuli, Grave DOC, 2020	1dl CHF	8.00

## Rosé wine

Rosato Toscana IGT	1dl CHF	6.50
Œil de Perdrix, Lutry, Lavaux AOC, 2022	1dl CHF	8.50

## Red wine

Pinot Noir Noble cépage, Vaud AOC, 2022	1dl CHF	7.50
Merlot Veneto IGT, 2020	1dl CHF	8.00
Crozes Hermitage, Les Launes Rouge, 2020	1dl CHF	9.50

## Champagne & Sparkling Wine

Reguta, Prosecco DOC « Extra-Dry »	1dl CHF	7.00
Louis Roederer Collection 244, Louis Roederer	1dl CHF	18.00

# Wine bottles

## White wine from Switzerland

Epesses Domaine Antoine Bovard, 2022	70cl CHF	51.00
"Les Vignerones" Riesling en amphore d'argile La Baudelière à Aigle	50cl CHF	49.00
Dézaley Grand Cru, AOC, 2020	70cl CHF	65.00
Pinot blanc, fût de chêne, Lavaux AOC, 2022	75cl CHF	59.00
Riesling-Sylvaner Vaud AOC, 2022	75cl CHF	57.00
Viognier Fût de chêne, Lavaux AOC, 2022	75cl CHF	64.00
Domaine La Capitaine, La Côte, 2023, Domaine de la Capitaine, Suisse	75cl CHF	61.00
Dézaley Grand Cru, Domaine Antoine Bovard, 2016	70cl CHF	117.00

## White wines from abroad

Crozes Hermitage, AOC, Les Launes blanc 2021	75cl CHF	65.00
Pinot Grigio, Friuli, Grave DOC, 2020	75cl CHF	48.00
ADN Alvarinho DOC, Vinho Verde, 2022	75cl CHF	55.00

## Rosé wine

Rosato Toscana IGT	75cl CHF	40.00
Œil de Perdrix, Lutry, Lavaux AOC, 2022	75cl CHF	57.00

## Red wine from Switzerland

Pinot noir, Lutry, Lavaux AOC, Fût de chêne, 2016	50cl CHF	35.00
Pinot Noir Noble cépage, Vaud AOC, 2022	70cl CHF	49.00
Merlot, Fût de chêne, François Montet Blonay	70cl CHF	74.00
Plant Robert, fût de chêne, Lutry, Lavaux AOC, 2021	75cl CHF	75.00
Cuvée 3G, Lavaux AOC, 2020	75cl CHF	85.00
Galotta, fût de chêne, Lutry, Lavaux AOC, 2020	75cl CHF	94.00

## Red wines from abroad

Châteauneuf-du-Pape AOC, Delas, Haute Pierre, 2017	75cl CHF	111.00
Les Pagodes de Cos 2016 Saint-Estèphe	75cl CHF	117.60
Merlot Veneto IGT, 2020	75cl CHF	55.00
Quinta do Paral, DOC, Al. Vidigueira, Portugal, 2019	75cl CHF	69.00
Crozes Hermitage, Les Launes Rouge, 2020	75cl CHF	67.00



## Champagne & Sparkling Wine

Reguta, Prosecco DOC « Extra-Dry »	75cl CHF	40.00
Jeeper, Grande Réserve Blanc de Blancs, M. Reybier	75cl CHF	90.00
Jeeper, Grand Rosé, M. Reybier	75cl CHF	120.00
Ruinart	75cl CHF	230.00
Louis Roederer Collection 244, Louis Roederer	75cl CHF	149.00
Louis Roederer Brut, Blanc de Blancs, Vintage, Louis Roederer	75cl CHF	224.00
Louis Roederer Collection 244, Louis Roederer	37.5cl CHF	69.00

## Appetizers

Campari, 23°	4cl CHF	8.00
White / Red Martini	4cl CHF	8.00
White and red Porto, 19.5°	4cl CHF	8.00
Porto Rouge, Poças Junior, Colheita 2011, 20% vol	4cl CHF	12.00

## Digestive liquors

Apricot	2cl CHF	10.00
Williamine	2cl CHF	10.00
Limoncello, 30°	4cl CHF	10.00
Calvados AOC, 40% vol	2cl CHF	8.00

## Rhum's

Nation Demerara Solera N°14, Edition limitée, 40% vol	2cl CHF	10.00
Nation Guatemala Gran Reserva, 40% vol	2cl CHF	10.00
Nation Jamaïque, 5 ans, 57.7% vol	2cl CHF	12.00
Nation Peruano, 8 ans, 42% vol	2cl CHF	11.00
Nation Panama, 10 ans, 40% vol	2cl CHF	10.00

## Whisky's

Whisky Glenallachie 15 ans, 46% vol Ecosse (Speyside)	2cl CHF	12.00
Whisky Dalmore Cigar, 44% vol Ecosse (Highlands)	2cl CHF	10.00
Glenmorangie A Tale of Tokyo, 46% vol	2cl CHF	14.00

## Gin's

Gin Monkey 47, 47% vol	4cl CHF	15.00
Gin Mare Mediterranean, 42.7% vol	4cl CHF	12.00



Map of fishing zones according to number (FAO)

Service and 8.1% VAT included.

Our team will be delighted to advise you on the composition of dishes in case of allergies or special dietary requirements.